



active
disability
ireland

Club Survey

Xcessible
club toolkit





Xcessible

club toolkit



sport inclusion disability
charter

Purpose of The Survey

The Purpose of this survey was to get a better understanding of the supports needed by sports clubs to help create more inclusive opportunities for people with disabilities to take part in sport and physical activity.

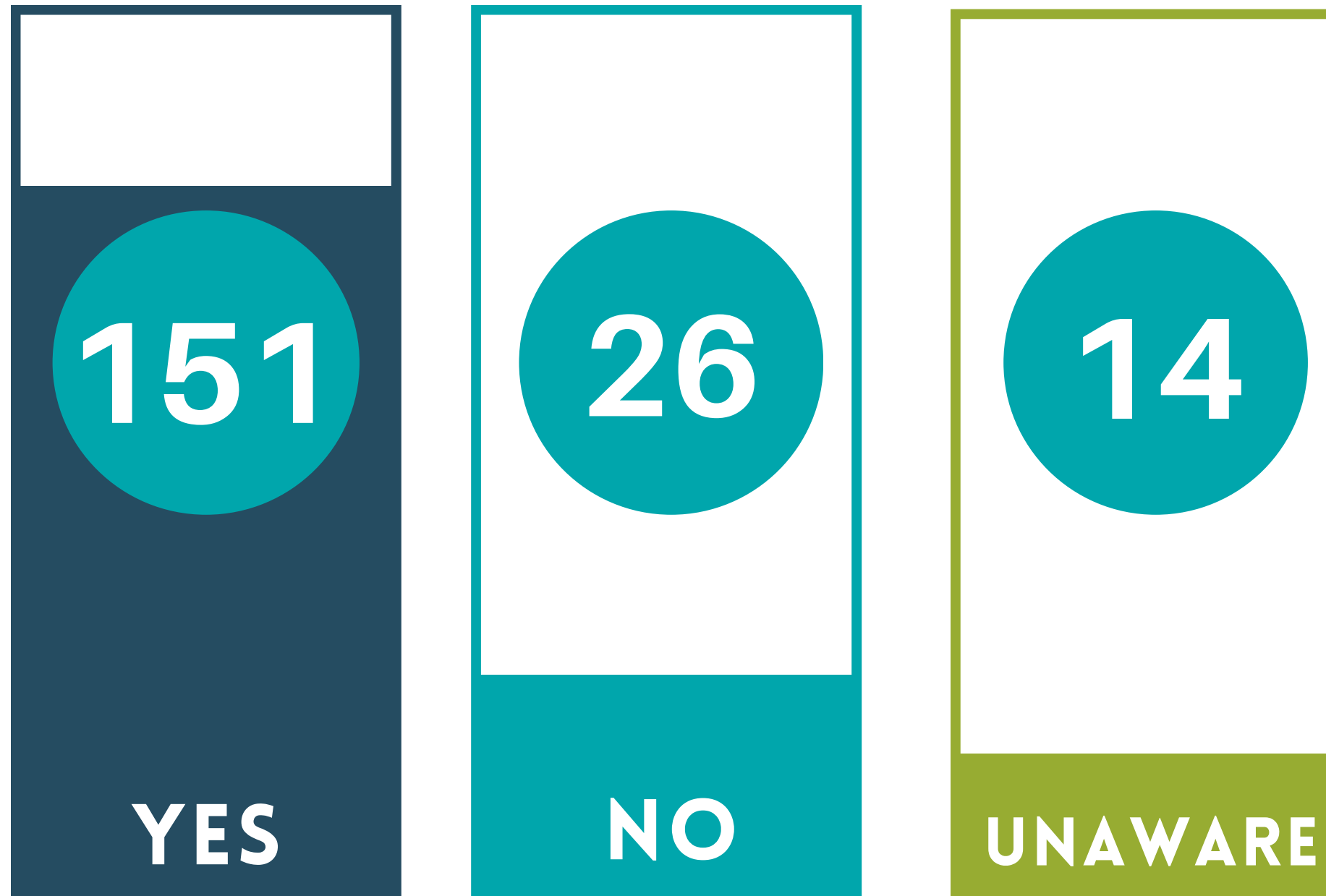
Our Approach

The survey had 191 responses from a vast array of different sports. The survey was distributed to the National Governing Bodies of Sport and to the clubs who have signed the Sport Inclusion Disability Charter. We gave a deadline of two months to fill in the survey.

Recommendations

The recommendations in this document are aimed towards sports clubs. Recommendations for National Governing Bodies of Sport or Local Sports Partnerships can be found in the full survey report document.

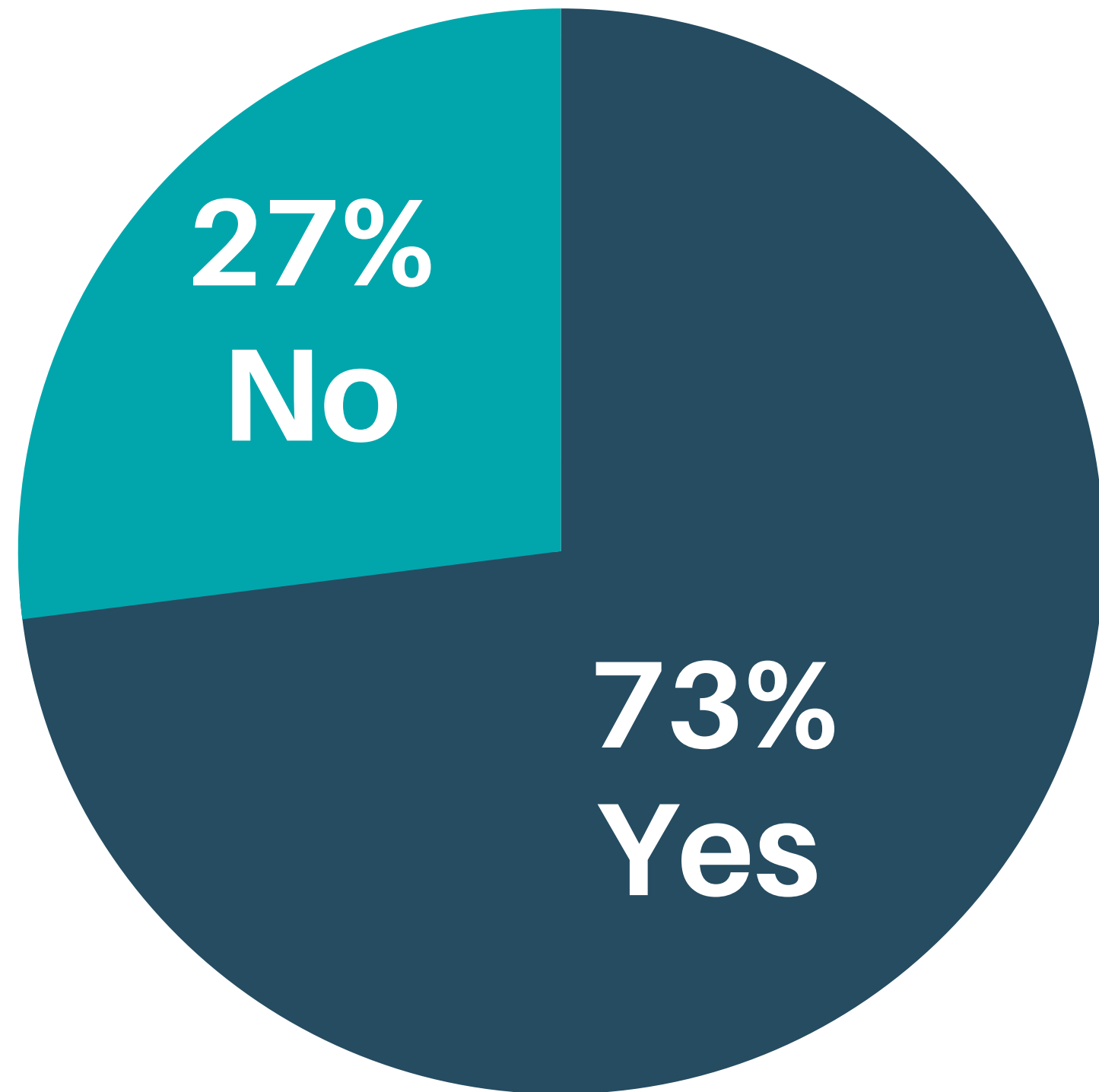
Club members with disabilities



Recommendation

Clubs should record information on their registration forms relating to disability. This will help inform future planning for the development of inclusive programmes, events and initiatives.

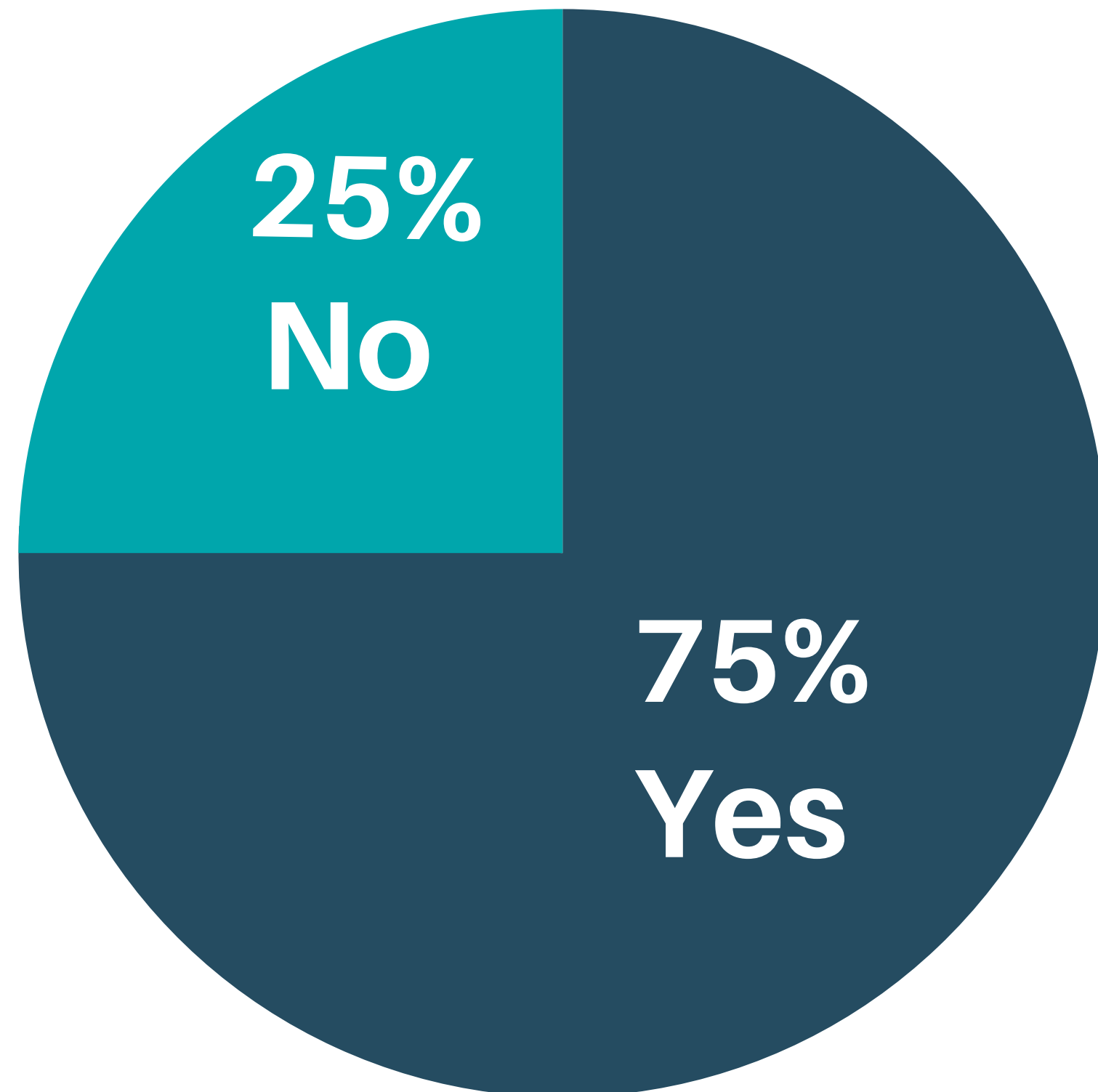
Provide Inclusive Activities



Recommendation

Create inclusive participation opportunities for people with disabilities to take part in sport and physical activity. To find out more on how to do this see full survey report document or find our [Disability Inclusion for Programmes and Events](#) resource on the Active Disability Ireland Website.

Signed the Charter

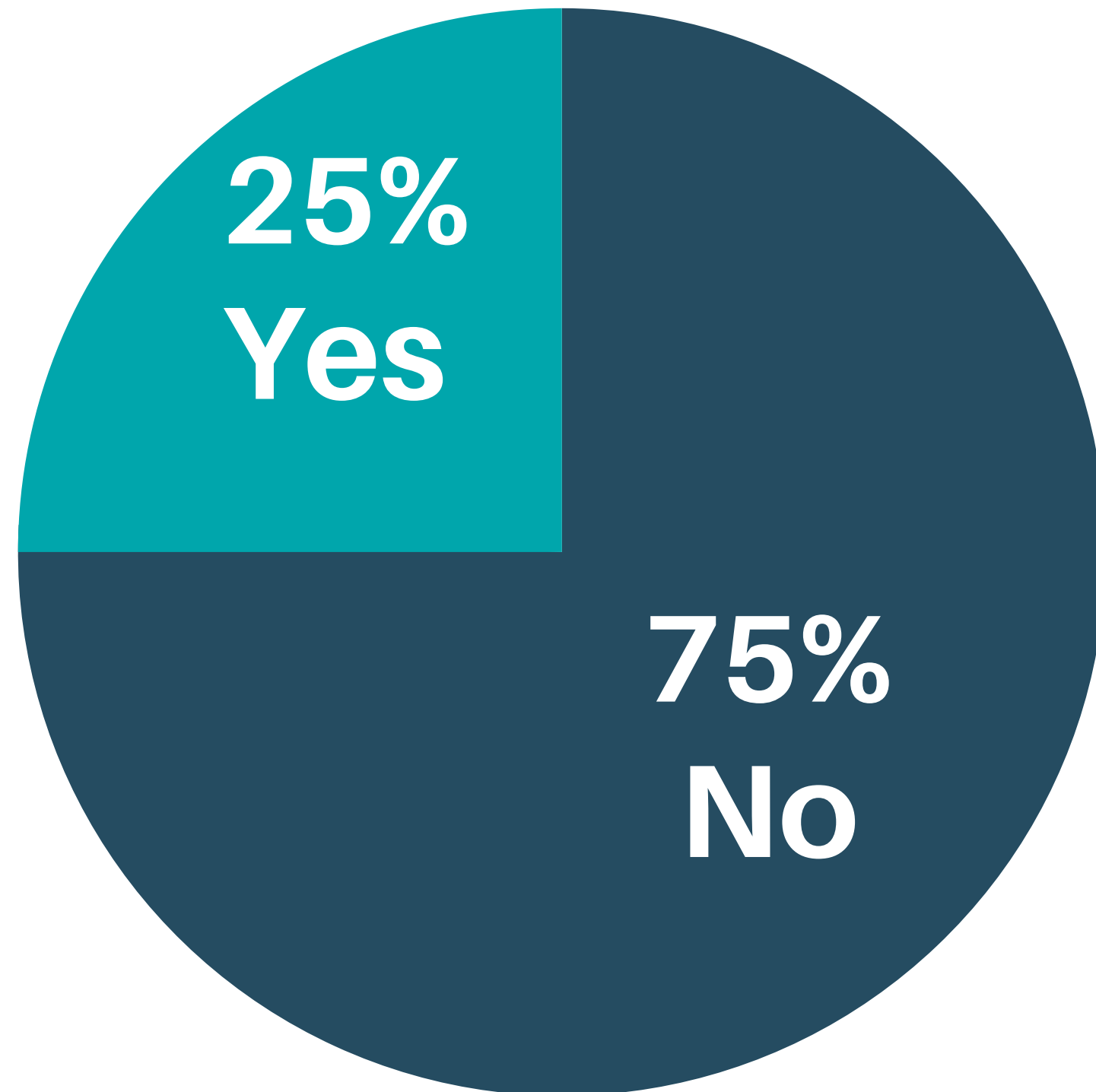


Recommendation

Signing the Sports Inclusion Disability Charter is a great starting point for any club or organisation to become more inclusive. Clubs are supported with a range of guidance documents, templates and resources to help create a sustainable inclusive environment.

If you haven't signed yet, [click here to sign the Charter now](#)

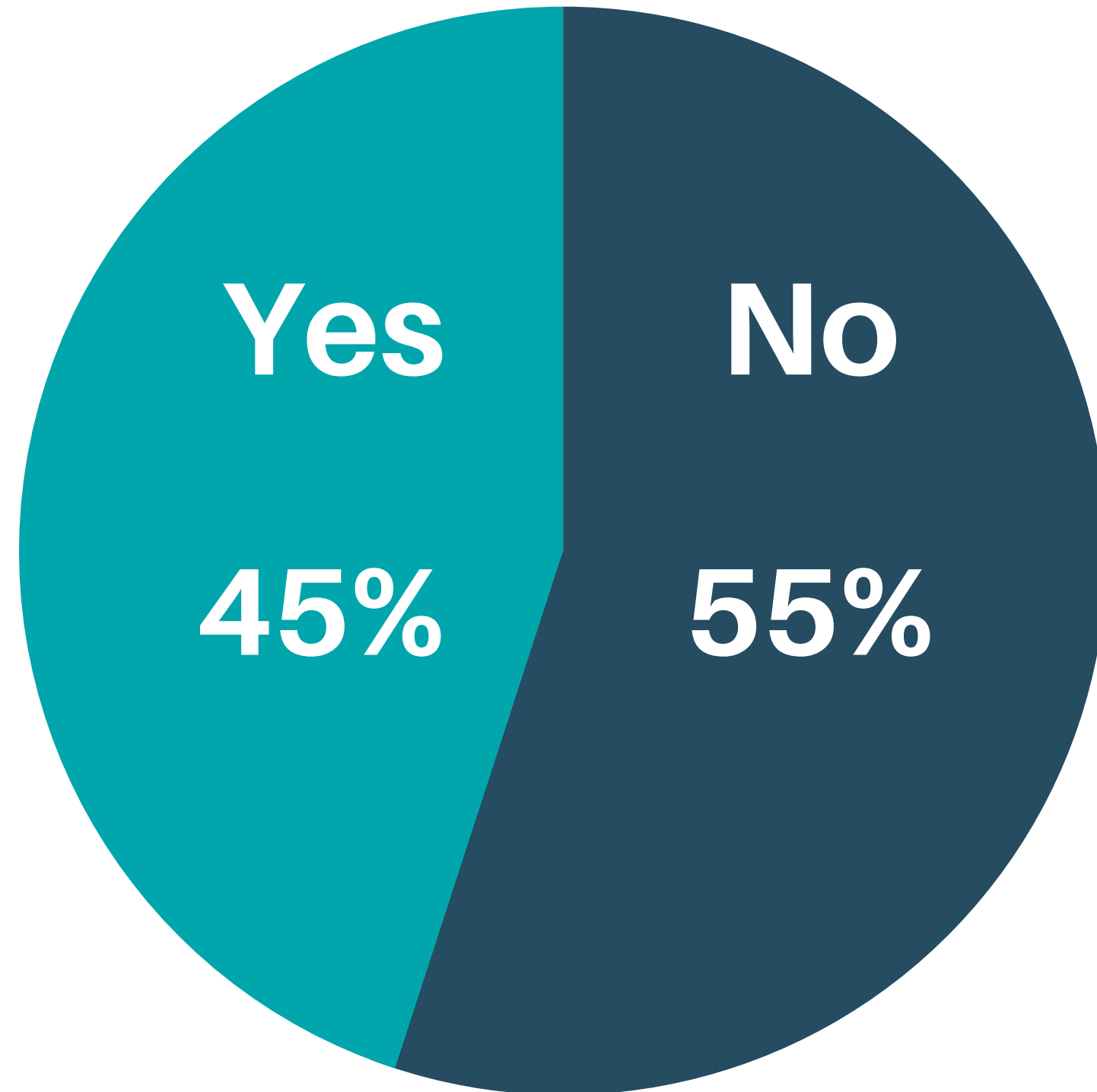
Aware of Xcessible Club Toolkit



Recommendation

Download the Xcessible Club Toolkit from our website. Use this resource to guide your club through a structured staged approach to develop, embed and sustain inclusive practices.

Inclusion Officer or Similar Role



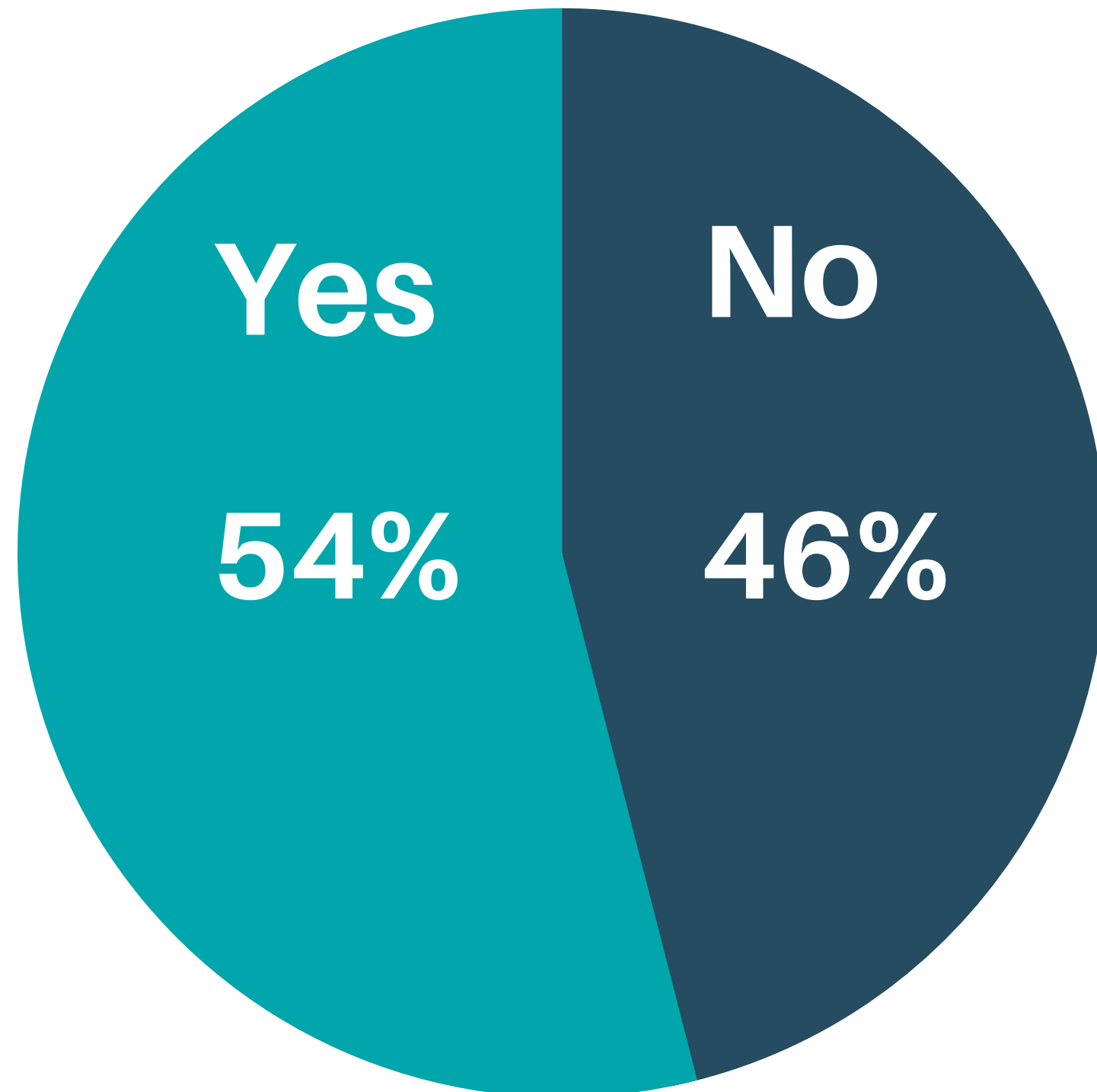
Recommendation

Clubs should appoint someone with responsibility for disability inclusion within the club.

Reach out to the local community to see if anyone with living experience, interest or expertise in this area would support the club committee in creating more inclusive opportunities for participation.

[A sample job description can be found here.](#)

Disability inclusion specific training



Recommendation

Identify what training is available within the sector and who in your club should complete it.

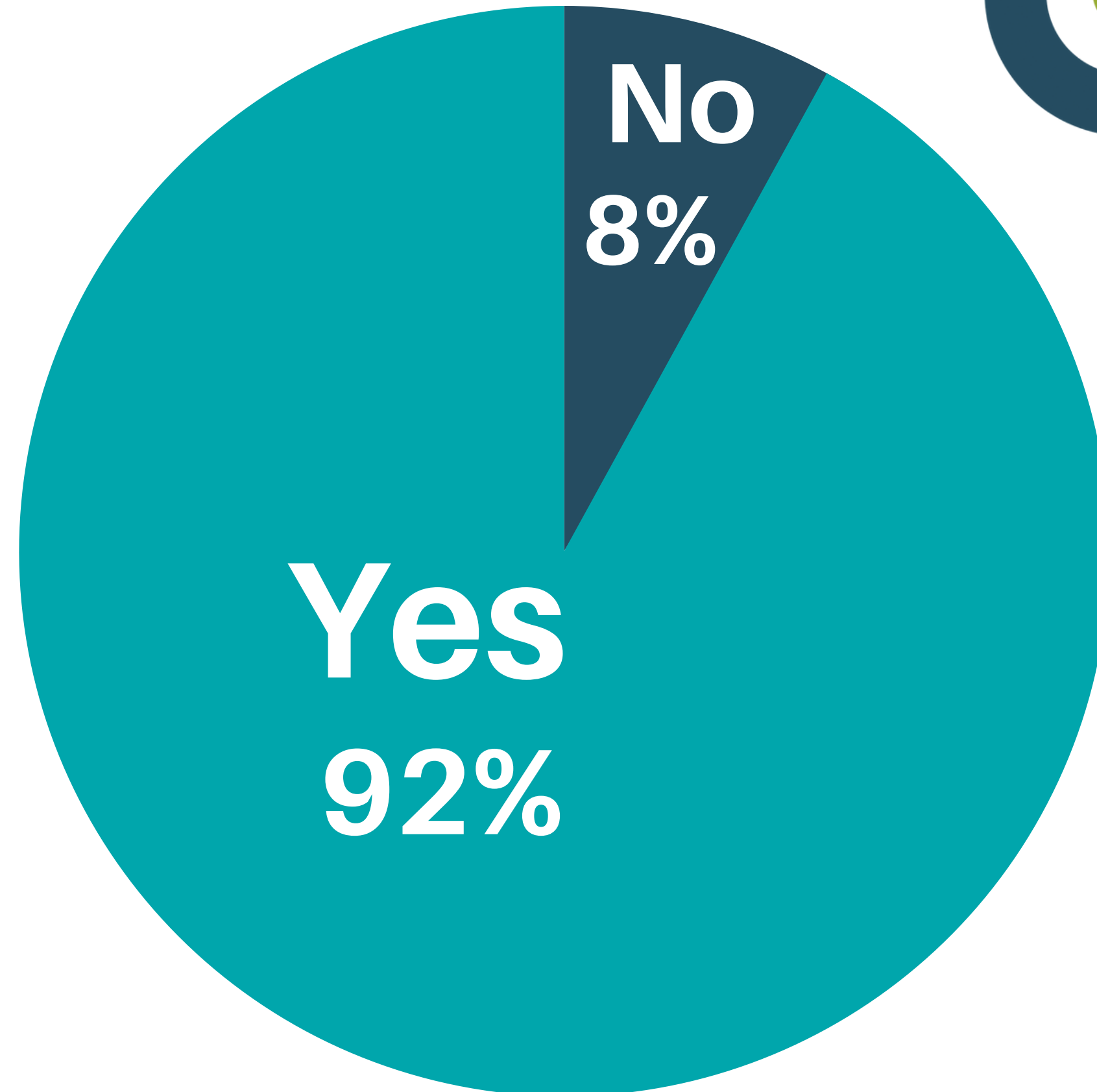
Connect with your National Governing Body of Sport to keep up to date on any funding opportunities or grants that may be available.

Active Disability Ireland [training workshops](#) can be found [here](#).

Interested in Xcessible Workshop



active
disability
ireland



Common Barriers Identified



Facilities

“Our facilities are old and not suitable for a wide range of disabilities.”



Training

“Lack of knowledge of different disabilities and really not knowing how to deal with each individual as everyone is so different.”



Funding

“Finance is the biggest obstacle as we would love to use our outdoor facilities but is currently unsuitable for many”.

Funding



"More financial support"

"Funding"

"Money for facilities"

**Main resources identified
that are needed to
support inclusion**

Training



"Having more people specifically trained to work with the children with disabilities. Demand for classes is high so it's important to have the best coaches involved."

Key Findings for Active Disability Ireland



Inclusion Workshop

The survey shows there is a clear interest in sports clubs attending an inclusion workshop to support their inclusive journey of creating more participation opportunities for people with disabilities.

Promote Toolkit

There is huge scope for further promotion of the Xcessible Club Toolkit. Many sports clubs are unaware of this resource and how valuable it would be for developing, embedding and sustaining inclusive environments.



active
disability
ireland



Xcessible
club toolkit