



WATERFORD
SPORTS PARTNERSHIP

*Supporting
Activity and Sport For All*

— SPORT IRELAND —

Annual Report 2022



SPORT IRELAND
LOCAL SPORTS PARTNERSHIPS

Name of the organisation:	Waterford Sports Partnership CLG
Organisation Type:	A company limited by guarantee
Sports Exemption Number :	G.S. 001674
Company number:	378713
Registered Office:	Civic Offices, Davitt's Quay, Dungarvan, Co. Waterford
Auditor:	John B. White & Co., Church Street, Dungarvan, Co. Waterford
Principal Bankers:	Bank of Ireland, Grattan Square, Dungarvan, Co. Waterford
Solicitors:	Lanigan & Curran Solicitors, Cross Bridge St., Dungarvan, Co. Waterford
Directors:	Mr. Terry Hayes – Chairperson Mr. Mark Fitzgerald – Company Secretary Mr. Neil O’Sullivan - Treasurer Mr. Eoin Breathnach Ms. Sinéad Breathnach Mr. Austin Flavin Ms. Anne Hennessy Cllr. Joe Kelly Cllr. Pat Nugent Mr. Michael O’Brien Mr. Sean Rohan (resigned 4/11/22) Ms. Patricia Sheehan Mr. Stephen Whelan

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Chairperson's Statement



My term to date as Chairperson of Waterford Sports Partnership could be best described as exciting, informative, a new learning experience and most enjoyable.

The environment in which we operate is an evolving one. The roll out of various strategies, programmes allied with greater consultation is challenging how we deliver new roles and approaches which are aligned to our strategy and core values.

New terminology and the role that sport plays in the general health and wellbeing of our communities is very much in evidence. Work on the new WSP strategy has commenced and will be ongoing in 2023 ahead of its launch. It will help shape our direction over the coming years.

The work undertaken by our dedicated team is evidenced throughout this report and I would like to sincerely thank each member of staff for the part they play in creating, shaping and supporting quality opportunities for the people of Waterford to be active. One has only to read the quarterly reports to the Board or read our high quality informative newsletter to realise that our remit is county wide and involves rolling out programmes and new initiatives to various target groups. Our team continues to grow in numbers, acquire new skills which directly impact on a high-quality delivery of programmes.

To my fellow directors, thanks for a job well done. The commitment required is ongoing with pre meeting reading, submissions and attendance at meetings to name but a few.

We are addressing the gender balance quota requirement in a constructive manner and engaging widely to achieve the 40% by the end of 2023. A special welcome to Sinéad Breathnach, Patricia Sheehan and Anne Hennessy.

Many thanks to you all for your support, advice and guidance in my role.
Comhghairdeas le gach éinne.

A handwritten signature in black ink that reads "Terry Hayes". The signature is written in a cursive, flowing style.

Terry Hayes
Chairperson

Co-ordinator's Statement



I am happy to present the Waterford Sports Partnership Annual Report 2022.

This report sets out the highlights under each of our strategic goal areas as set out in our Strategic Plan 2018-2022.

As the year progressed, we welcomed the return to more 'normal' operations following the Covid 19 pandemic.

This report is a record of the broad, varied and quality work of the WSP team during 2022 as they focused on encouraging those most impacted by the pandemic to get back out and get active. It also outlines WSP's approach and continued commitment to good governance and best practice following on from achievement of full compliance with the Governance Code for Sport in 2021. Towards the end of the year, we commenced the process of developing our next strategy and this will be one of our priority focus areas in 2023.

On behalf of Waterford Sports Partnership, I would like to acknowledge and thank all the partner agencies, organisations, schools and clubs, staff, volunteers and tutors, who contribute to the successful delivery and accessibility of sport and physical activity opportunities at a local community level. These individuals and organisations continue to play a vital role in connecting people and communities, now more than ever.

I acknowledge Sport Ireland for their ongoing support and guidance and the network of Local Sports Partnerships around the country for their positive engagement during the year. I would like to thank all our funders for their ongoing investment and support in 2022.

I wish to express my appreciation to Neil O'Sullivan, who completed his term as WSP Chairperson in 2022, for all his wisdom and valuable support in recent years. I warmly welcome Terry Hayes to the role and thank him for his guidance this year. Thank you to the WSP Board members, the Finance, Audit & Risk Committee, Safeguarding Committee and Strategy Working Group members for their time, contribution and support in 2022. A sincere thank you to Seán Rohan for his input to WSP in 2022 and a warm welcome to new Board members Sinéad Breathnach, Patricia Sheehan and Anne Hennessy.

I would like to finish by thanking the WSP team for their creativity, commitment and valuable contribution during 2022. The key achievements outlined in this report for 2022 would not be possible without our wonderful team.

We look forward to an active and healthy 2023!

A handwritten signature in cursive script that reads "Rosarie Kealy".

Rosarie Kealy
Co-ordinator

SECTION 1

Governance & Structure



SECTION 1: GOVERNANCE & STRUCTURE

Our Governance Structure

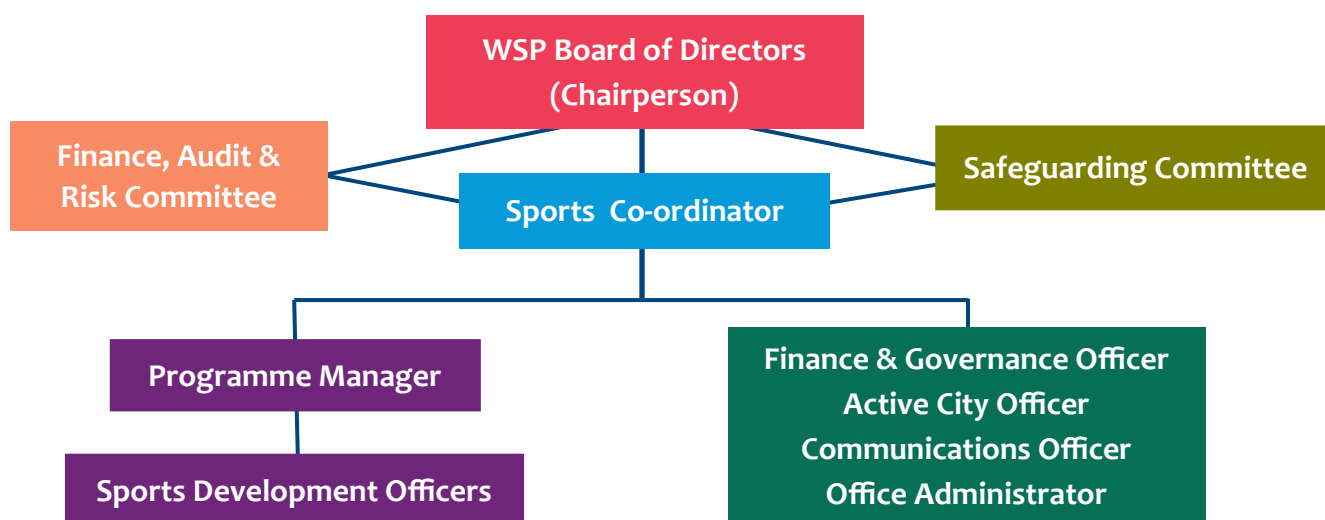
Waterford Sports Partnership Company Limited by Guarantee, commonly known as Waterford Sports Partnership (WSP), was incorporated in November 2003.

In addition to the WSP constitution, which primarily provides direction to WSP as a legal entity, the WSP operations are guided by the Board of Directors Governance Framework Handbook (developed with support from the Institute of Public Administration in 2021) and associated policies. WSP's governance framework is aligned with the Governance Code for Sport, which is overseen by Sport Ireland, and full compliance was achieved in December 2021.

Organisational Structure

WSP is governed by a **Board of Directors**, representing statutory agencies and community organisations with representation and membership in line with the WSP Constitution. All Directors are non-executive and sit on the Board on a voluntary basis. The Board is made up of individuals with a diverse range of experience and skills including governance, human resources, finance, marketing, research, community development, strategic planning and community sport. Recruitment of Board members is done via statutory agency nominations, through the Public Participation Network for targeted seats and through co-opted positions to address identified skills gaps.

Waterford Sports Partnership ORGANISATIONAL STRUCTURE



Recruitment and Term of Office

The Board, with oversight by the Chairperson, will oversee Board membership and representation, with a view to ensuring that the Board meets the following good practice guidelines:

- Membership is in line with the WSP Constitution
- There is an appropriate mix of experience and representation from both agency and community
- There is an appropriate gender balance
- There is an appropriate balance of skills required including financial, human resources and governance.

WSP Board Membership

Our Board is made up of representatives from the following organisations:



SECTION 1: GOVERNANCE & STRUCTURE

While the terms of office for Board members nominated by Waterford City & County Council runs concurrently with the term of each new Council ie a five-year term, the term of other members is in accordance with the constitution. The precise starting and ending of members' terms are maintained by the Company Secretary. While there is no legal requirement that specifies a maximum number of terms which individual Board members should serve, good corporate governance practice suggests an upper limit of two full terms, with a term being five years, of appointment to the Board will apply.

In the WSP context, an upper limit of two full terms will apply to non-agency representatives from community and voluntary sectors whereby WSP manages and controls the Board renewal process. However, WSP recognises that in the case of agency nominations the final decision lies with the relevant statutory body and exceptions to the limitation to two terms of office may arise.

The directors who served during 2022 were as follows:

ORGANISATION	NAME	APPOINTED	SPECIFIC ROLE/COMMITTEE MEMBERSHIP
Co-opted Member	Mark Fitzgerald	16/06/2016	Company Secretary Member of Finance, Audit & Risk Committee
Co-opted Member	Neil O'Sullivan	05/02/2016	Company Treasurer Member of Finance, Audit & Risk Committee
Health Service Executive	Anne Hennessy	07/04/2022	
South East Technological University	Patricia Sheehan	07/04/2022	Chairperson Safeguarding Committee
Waterford PPN - Community	Terry Hayes	29/11/2019	WSP Chairperson Member of Finance, Audit & Risk Committee Member of Safeguarding Committee
Waterford PPN - Disability	Seán Rohan	07/04/2022 to 04/11/2022	
Waterford PPN - Youth	Eoin Breathnach	15/04/2016	Member of Safeguarding Committee
Waterford Area Partnership	Stephen Whelan	27/03/2019	Member of Safeguarding Committee
Waterford City & County Council - CEO Nominee	Sinéad Breathnach	07/04/2022	Member of Finance, Audit & Risk Committee
Waterford City & County Council - Elected Member	Joe Kelly	02/04/2020	
Waterford City & County Council - Elected Member	Pat Nugent	07/06/2019	
Waterford Leader Partnership	Austin Flavin	25/09/2020	Chairperson of Finance, Audit & Risk Committee
Waterford & Wexford Education & Training Board	Michael O'Brien	05/06/2020	

SECTION 1: GOVERNANCE & STRUCTURE

The Role of the Board

The Board is collectively responsible for the strategic direction of WSP, supervising the management of the organisation, and reporting on stewardship and performance. This collective responsibility is typically detailed in the schedule of matters; known as reserved functions, which the Board must perform, and is detailed in the Board Governance Framework Handbook.

The Sports Co-ordinator is the accountable person to the Board for the delivery of its strategic plan and operational priorities and performance.



The duties of WSP Board, as set out in the Board Terms of Reference, include:

- Setting the strategic direction and reviewing progress.
- Keeping up to date on strategic issues and changes affecting WSP
- Monitoring organisational performance
- Ensuring that legal, regulatory, and governance obligations are adhered to
- Monitoring and assessing its performance and that of its committees.

The Board is responsible for the oversight of the organisation's financial governance, financial management and internal control. As outlined in its schedule of matters, the Board makes key decisions around financial management. In particular, the Board has responsibility for:

- Approving the annual budget and operational plan and the monitoring of its implementation
- Approving of draft accounts of WSP, prepared after the end of the financial year and engaging with the external auditor. As a company, WSP is required to be audited annually. Our 2022 Financial Statements set out our financial position and are included in Section 5 of this report
- Determining annually the effectiveness of WSP's system of internal controls, including financial controls. For example, roles and responsibilities, cash and cheque procedures, recording of transactions, payments and direct debits, purchasing, wages, and salaries, etc.
- Approving banking arrangements
- Approving delegated LSP levels (including spending thresholds)
- Determining and approving procedures to monitor, report, and enforce the relevant rules and requirements as set by the different funding sources contributing to WSP.

Board Meetings and Attendance

The Board is required to meet five times per year with **seven** meetings convened in 2022. Meetings took place on 31/1/22 (zoom), 4/2/22 (zoom), 7/4/22 (including the AGM), 10/6/2022, 23/9/22, 27/10/22 and 25/11/22. The Board and staff also held its annual review/planning workshop on 9/12/22. Board meeting attendance is detailed in Appendix 1.

A Board Report is prepared and circulated in advance of each Board, which details activities and outcomes against the yearly operational plan and current strategic plan. A financial report is also prepared for each meeting. A quorum of six is required for a meeting of the Board as per the constitution.

Responsibility for the day to day operations of the organisation is assigned to the Sports Co-ordinator, Rosarie Kealy, who works with a team of staff to deliver on the annual operational plan. The Sports Co-ordinator attends meetings of the Board, by invitation of the Board, and is not a Director of the Company. The Company Secretary is a member of the Board. Another member of staff attends the meetings to record the minutes.

SECTION 1: GOVERNANCE & STRUCTURE

Board Member Induction Process

Induction to the Board of WSP will occur as soon as possible after an individual has been selected to join the Board and before attendance at their first meeting. Induction is the joint responsibility of the Chairperson, Co-ordinator, and Company Secretary and will involve:

- a meeting in which the following will be introduced: the role and aims of WSP, its governance structures, its core activities, history and successes, an introduction as to how the Board functions, as well as the role and responsibilities of becoming a member of the Board.
- a new Board member or director will receive an induction pack, see below for details. New Board members are booked onto appropriate training in Governance as soon as is possible following their appointment to the Board.

New Board Member Induction Pack

New Board members or directors will receive an induction pack which contains the following:

- > WSP Board Governance Framework
- > WSP Board Governance Framework (Templates and Appendices)
- > WSP Board Code of Conduct
- > WSP Directors Conflict of Interest Form
- > WSP Registration of Company Directors Forms
- > WSP Strategic Plan
- > WSP Constitution
- > WSP Financial Statements (most recently audited)
- > WSP Annual Report (most recent)
- > WSP Board Report (most recent)

Conflicts of Interest and Conflict of Loyalty

WSP has a Conflict of Interest and Conflict of Loyalty Policy. The Board of Directors are required to complete a Declaration of Interest Form when taking up their position on the Board. Arising from a Board decision in 2022, members will be reminded at the beginning of each Board meeting to declare any conflicts which may arise before any agenda items are considered and if any events have arisen which may impact their independence/ or loyalty. In addition, where conflicts arise a member may be required to leave the meeting for the relevant item for discussion. Any instances of conflict which arise are recorded in the minutes, none of which occurred in 2022.

Committees

The Board is supported by two committees who act in an advisory capacity to the Board with clear Terms of Reference in place which are available on the WSP website.

The **Finance, Audit & Risk Committee (FARC)**, supports the Board and the Sports Co-ordinator regarding policy initiation, monitoring of operational plans and Finance/Human Resource and Governance support. The committee met on **seven** occasions over the course of 2022 on 20/1/22, 29/3/22, 25/5/2022, 6/9/2022, 20/9/2022, 24/10/22 and 22/11/22. For membership and attendance see Appendix 2.

The **Safeguarding Committee** reviews relevant policies and procedures in line with best practice and brings to the WSP Board for consideration and approval, considers and makes decisions with respect to child and vulnerable persons safeguarding concerns, including the outcomes of any child welfare and protection reports, considers allegations of a general nature in regard to children and vulnerable persons in addition to its role in considering vetting disclosures and/or returns referred to the WSP Contact Person by Sport Ireland. In December 2022, the committee commenced the review of all WSP Safeguarding policies and procedures and this is expected to be completed in Qtr1 2023. The committee met in 2022 on 9/12/22 and 22/12/22. For membership and attendance see Appendix 3.

SECTION 1: GOVERNANCE & STRUCTURE



Waterford Sports Partnership Team 2022

The **WSP Team** is employed to deliver on the annual operational plan and to work with our many partners to support and develop opportunities to participate in sport and physical activity in Waterford. We have two offices, one in the Civic Offices in Dungarvan and one in the Regional Sports Centre, Cork Road, Waterford.

Our Sports Development Team is responsible for the development, delivery and promotion of sport and physical activity for the people of Waterford. They work to develop targeted initiatives with various community based organisations to promote the participation of young people, older adults, women and teenage girls, people with a disability, men and disadvantaged and minority groups in sport and physical activity.

In 2022, we welcomed to the team, Liz McEnaney as CSDO, on a maternity cover contract, Colette Downes, on a short administrator contract and Sinéad Fahey, who joined the team as Office Administrator.



Rosarie Kealy
Sports Co-ordinator



Peter Jones
Programme Manager



Jenny Brookes
Finance & Governance Officer



Elaine Mullan
Active City Officer



Karen Phelan
Communications Officer



Sinead Fahey
Office Administrator



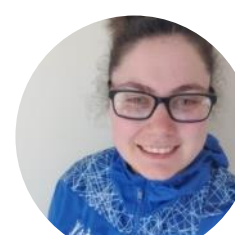
Pauline Casey
Sports Development Officer
& Sports Inclusion Disability
Officer



Brian O'Neill
Youth Sports
Development Officer



Sínead Brannigan
Community Sports
Development Officer



Liz McEnaney
Community Sports
Development Officer



**Thank you
Suzanne!**

Thank you!

In 2022, we said goodbye to two valued members of staff. We would like to sincerely thank **Suzanne Baumann**, who worked with WSP since April 2008, for her commitment and contribution to WSP in all that time. Equally, we wish **Rachel Sinnott**, who left WSP after over three years to take up another position in December 2022, all the very best in the future. Both your contributions are greatly valued and appreciated. Thank you also to Colette Downes who worked for a short period in 2022 with WSP.



**Thank you
Rachel!**

SECTION 2

Our Purpose

OUR VISION, MISSION & GOALS



SECTION 2: Our Purpose

Our Vision: “Waterford – Active People, Active Place”

Our Mission Statement:

Our Mission is that, together, we make Waterford a place that has a positive culture of people playing sport and being active. We want people to enjoy participating and the many benefits it brings to their health, happiness and our community.



Goal 1 – Active People

To support the provision of a wide range of opportunities for people to participate in sport and physical activity in a variety of places.

Goal 2 - Active Network

To support and strengthen the capacity of the network of people and organisations who facilitate sport and physical activity in Waterford.

Goal 3 - Active Engagement

To communicate clear and consistent messages and positively promote sport and physical activity opportunities.

Goal 4 - Active Management

To lead and influence a culture of participation, good governance and competent operations.

Outcome - More Waterford people participating in sport and physical activity and enjoying that participation.

SECTION 2: Our Values

Our Core Belief about sport and physical activity . . .

Our core belief is that participation in sport and physical activity is good for the individual, families and the community. It brings people together. It is good for physical, mental, emotional and social health and wellbeing and contributes to a better quality of life. We want people to have opportunities to participate at their chosen level. We believe sport and physical activity enrich lives.

WSP recognises that the manner in which we approach our work, internally and externally, is of critical importance in realising our goals and objectives.

In December 2021, over two facilitated workshops, the WSP Board and staff reviewed WSP's Core Values and associated behaviours. The following are the core values and associated behaviours that underpin our work:

VALUE	ASSOCIATED BEHAVIOUR
Respect	We will cultivate an awareness of the impact of words and actions on others and use words and actions to maximise positive and minimise negative impact.
	We will seek to listen to others without having a pre-determined position and seek to understand and respond to their perspective.
	We will respect the time of all by being punctual, prepared for each engagement and effective in how time is used.
	We will recognise that others may have values and beliefs which are different to our own and are worthy of respect.
Trust	We will engage with collaborators and partner organisations in a spirit of trust while maintaining such checks and balances as are demanded by good governance.
	We will take personal responsibility for our own decisions and actions and not seek to deflect the consequences away from us.
	We will act in an ethical manner and provide an honest return for invested resources.
	We will avoid deliberate misrepresentation of others' points of view.
Relationships	We will be conscious that our engagements require the establishment and maintenance of positive, effective and respectful relationships and will pursue those engagements in that context.
	We will be transparent at all times in our dealings with individuals and groups within and external to WSP.
Inclusion	We will consciously consider the impact of our words and actions on excluded and marginalised groups and individuals and consider what actions are needed to maximise engagement and access to our services and activities.
	We will approach our work in a spirit of embracing diversity and promoting equality of service.
	We will monitor our behaviour towards socially excluded groups and individuals to eliminate unconscious bias and to achieve and maintain best practice in this regard.
	We will consciously seek to ensure that by our own behaviour all feel welcome to engage with us and participate in our activities.
Fun	In designing our programmes and activities we will recognise the importance of a positive experience and prioritise enjoyment in the sporting and physical activity and in the environment and manner in which we work.
	While we will address serious matters in a serious manner, we will seek to do so with a relaxed and positive attitude.
	We will seek to engage with all stakeholders in a positive manner which maximises positive returns to all.

SECTION 2: The context in which we work

What we do . . .

We focus our efforts on increasing the participation of those with low participation rates from a number of target groups . . .

- Young people and youth at risk
- People with a Disability
- Women and teenage girls
- Men
- Older Adults
- Disadvantaged people
- Ethnic Minority

while also supporting those who promote participation in sport and physical activity . . .

- Volunteers
- Sports coaches and instructors
- Club officials and administrators
- Physical activity leaders
- Community leaders
- Teachers
- Health workers

in many different places . . .

- Sports Clubs
- Schools
- Communities
- Commercial and public facilities
- The natural environment

The context in which we work . . .

WSP operates with the support, investment and leadership of Sport Ireland (SI) and we support SI to realise their sports participation objectives locally. We are also guided by the National Sports Policy 2018-2027, the National Physical Activity Plan for Ireland and the Healthy Ireland Framework. We are informed at local level by the WSP Strategic Plan 2018-2022 and the relevant plans and strategies of our local partners, including the Waterford City & County Council Local Economic and Community Plan.

Local Sports Partnerships in the context of the National Sports Policy...

In 2018, the Department of Transport, Tourism and Sport launched the 2018-2027 National Sports Policy. The Programme for Government has clearly set out new and ambitious objectives for sport to deliver on, most notably in the sports participation goals, which increased from 50% of adults regularly playing sport, as set out in the 2018 National Sports Policy to 60% of adults regularly playing sport by 2027. To achieve this, the policy highlights the need to tackle participation gradients by targeting groups in our society that participate significantly less than the overall average. These include people with disabilities, people from lower socio-economic backgrounds, women and girls and ethnic minority groups, such as the Traveller community.

The National Sports Policy recognises the key roles played by the Local Sports Partnerships in sports participation and how they can assist in the delivery of the participation actions set out in this Policy. The National Sports Policy has a total of 57 actions, 26 of which have significance for Local Sports Partnerships. Fundamental to delivering on the Participation Actions of the National Sports Policy is increasing the capacity of the sports sector to deliver, especially the Local Sports Partnerships (LSPs) and the smaller National Governing Bodies of Sport (NGBs).

“The LSP network plays a vital role and has been tasked, in particular, with increasing participation levels in sport and physical activity, especially among those sectors of society that are currently underrepresented in sport. Their capacity to remove barriers and ensure that opportunities for participation in sport are progressive, innovative and fully inclusive at a local level is a unique and valuable strength.”

– National Sports Policy 2018-2027

SECTION 3

What we achieved



With our partners, our key achievements for 2022 include:

8,993 people took part in **260** Programmes & Initiatives in **2022**

4,165 people took part in 224 Programmes & Initiatives in 2021

859 people took part in **59** Training & Education Courses in **2022**

791 people took part in 47 Training & Education Courses in 2021

WHO WE TARGET . . .

Young People & Youth at Risk | People with a Disability | Women & Girls | Men | Older Adults
Disadvantaged People | Ethnic Minorities | Sport Club Coaches & Volunteers.

PARTICIPATION



790 girls/women
took part in **41** initiatives



256 men took
part in **17** initiatives



563 older adults took
part in **42** initiatives

Schools/Young People:

518 students from **11** schools took part in the
Marathon Kids initiative.

1963 students from **22** schools took part in the
Non-Contact Rugby initiative.

16 Schools took part in our Balance Bike Training Programme*

4 Primary Schools availed of Playground Markings*

364 took part in **7** Operation Transformation Walking Initiatives

83 took part in **6** Positive Ageing Week Events

200 people took part in National Play Day

69 People took part in **7** Waterford SportsAbility Events



Over 8993 participants in
260 initiatives including:



616 people with a disability
took part in **40** initiatives

#WomenInSportLIRE

86 women took part in **7**
HER OUTDOORS EVENTS

219 Women took part in

13 Women on the Move Programmes

in **8** Locations*

* (Kilmacthomas, Cappoquin, Cill Barra, Carrickphierish,
MOVE Dungan, Carriglea, Butler Community Centre & Lismore)



641 took part in **21** WSP
Waterford Bike Week Events

Capacity Building and/or collaboration with over 150 organisations

including providing Clubs/Groups with WSP funding supports and club development/grant application assistance,
working with NGBs and local community organisations to develop, facilitate and support initiatives.

TRAINING

859 coaches, volunteers, community leaders and teachers
supported in education and training including:

262 attended **24** Safeguarding Courses

69 attended First Aid Training

13 attended Corner Care Course
for Boxing Coaches

12 attended Ride Leader Training

13 attended Trishaw Pilot Training

38 attended Autism in Sport Training

12 teachers attended

Ready to Go Orienteering

24 people attended
our
Menopause Workshop

81 people attended
our
'Benefits of Exercise in
Menopause'
online workshop

For a full list of Training Courses
See Appendix 5 - Page 74



20,595
visits to website



6,415
followers



1,620
followers



395
followers

ENGAGEMENT

Please note – 'Participant' figures may include individuals counted more than once where they have participated in more than one initiative.

* school population numbers benefiting from these initiatives are not included in our participant numbers above.

GOAL 1: ACTIVE PEOPLE -

Many Opportunities, Many Places.

To support the provision of a wide range of opportunities for people to participate in sport and physical activity in a variety of places.



We aim to provide a wide range of sustainable physical activity opportunities for everyone, at every stage of life and in a variety of places. In 2022, WSP played a central role in expanding the range of sports and physical activities which are available locally so that people can find their sport or activity for their stage in life.

We did this by:

- Providing more opportunities for target groups with greater choice of physical activity
- Working in partnership with clubs, communities, local stakeholders and commercial partners to offer activities across Waterford City and County
- Strengthening relationships to provide more accessibility to the places where sport and activity can happen and to opportunities to participate
- Using national trigger events to greater effect by capitalising on national media promotion, while empowering local clubs/organisations to initiate and sustain interest and participation.



HIGHLIGHTS for 2022!

- Increase in the number of physical activity programmes from 224 in 2021 to 260 in 2022
- Increase in participation numbers from 4,165 in 2021 to 8,993 in 2022
- Greater engagement with schools. 49 out of 72 primary schools engaged with us in 2022
- Continued use of trigger events as a platform for physical activity opportunities
- Continued development of opportunities for women and teenage girls, activities delivered in partnership with ten local clubs and organisations.
- Support for water-based activities for a number of target groups in the county. WSP engaged with 10 water sports clubs in 2022
- Response to integration of Ukrainians and set up of Ukrainian Volleyball Club in Dungarvan.
- We introduced a number of Grant Schemes in 2022 to enable clubs/organisations to run activities in partnership with us. We ran seven grant schemes in 2022; HER Outdoors, Operation Transformation Walks, Sports Club Grant, Let's Get Moving Grant, DEIS Schools, UBU Youth Groups, Youth Migrant Club Membership Fund) funding 103 clubs/organisations. (SEE APPENDIX 4).

GOAL 1: ACTIVE PEOPLE

Quality opportunities for everyone to participate with a focus on low participation groups

We co-ordinated and supported the development of a diverse range of quality programmes, events and initiatives to support engagement and participation in sport and physical activity. Our response was needs based and considered the capacity and readiness of both partners and participants. Through this approach we managed to make the following sustained impact on our target groups:

Youth at Risk: A focus on the re-engagement of youth at risk groups. In 2022, we developed our approach to leadership training in secondary schools and focused on offering relevant opportunities in partnership with Camogie, Rugby, Badminton, Boxing, Cricket and Athletics. This partnership led to 502 young people/youth at risk engaging in 18 different initiatives.

Men: We re-evaluated the approach to Men on the Move, offering night owl and early bird sessions as well as partnering with clubs for Club on the Move. This led to 125 men taking part in programmes with 3 clubs continuing the programme independently.

Women: We increased the number of opportunities for women which involved 13 different types of activity. The focus on the outdoors saw the development of opportunities for swimming, kayaking, rock climbing, kayaking, fishing, rowing and forest bathing.

People with a Disability: A safe return to sport was key with 14 different activities. We focused on partnership with mainstream clubs in setting up accessible clubs including four GAA for All clubs and four Football for All clubs.

Older Adults: Safe integration of activity utilising the outdoor setting at the start of the year and the development of the activator pole borrowing scheme in partnership with libraries ensuring everyone across the county could avail of this activity.

We increased the number of opportunities offered to the people of Waterford, resulting in significant increases in participation numbers in 2022!

* The numbers relating to Community Sports Hubs in 2022 have been recorded under the relevant target group and not separately as in 2021. The total number of Community Sports Hub participants and initiatives in 2022 included in the above figures are 922 participants and 38 initiatives.

	2022		2021	
	Number of Participants	Number of Initiatives	Number of Participants	Number of Initiatives
Pre-Schools/Schools	5,747	86	570	36
Young People/Youth at Risk	502	18	527	11
Women/Teenage Girls	790	41	1,163	36
Men	256	17	149	13
Older Adults	563	42	278	20
Disability	616	40	316	30
Mixed target groups/other	474	11	574	22
Community Sports Hubs	*	*	588	56
Minority Groups	45	5		
TOTAL	8,993	260	4,165	224
% Increase on 2021	116%	16%		



GOAL 1: ACTIVE PEOPLE

Support and enable the provision of opportunities to participate in sport and physical activity in many places.

During 2022, we focused on partnering with relevant organisations to either support the development or improvement of new infrastructure or helping to activate and promote the use of new developments in infrastructure. *There were many examples of this including the following collaborations:*

- Contributing to the funding of the outdoor exercise equipment in a new outdoor gym development in the People's Park by Waterford City and County Council and developing a series of online video tutorials to support the activation of the new gym. This was supported by the Active Cities Waterford project.
- Bike bunker project in Waterford City with Waterford City & County Council and the local community as part of the Active Cities Waterford project.
- Review and support for the development of the beach wheelchair programme in Tramore for people with a disability with local individuals and groups
- Partnership with WCCC on the Fairlane Park development and the design and build of stage 2 which now includes a skatepark and learn to cycle track

Identify activities, events and initiatives which have the capacity to trigger engagement in sport and physical activity and maximise the links to longer term participation

We focused more on using the promotion created around national trigger events to co-ordinate a more sustained localised approach in partnership with local clubs and communities.

Trigger Event	2022		2021	
	Number of Activities /Events	Number of Participants	Number of Activities /Events	Number of Participants
Bike Week	21	641	13	144
Positive Ageing Week	6	83	11	82
Men's Health Week	5	37	6	53
National Play Day	4	200	4	160
Operation Transformation	7	364	1	210
SportsAbility	7	69	9	78
HER Outdoors Week	7	86	9	73
	57	1,480	53	800



This 'on the ground' support has ensured that we are providing greater opportunities for people to remain involved in physical activity. There were 30 follow on initiatives as a direct result of our approach to trigger events in 2022. This strengthened club capacity in making a sustained impact on people's levels of physical activity.

Provide information on opportunities and places to participate in sport and physical activity.

We have continued to evolve our online offerings and looked at creating sustainable pathways through the engagement with stakeholders to promote relevant physical activity opportunities. Our YouTube channel has continued to evolve and now hosts 38 video folders.

Eight of these were added in 2022, including bike maintenance for schools, activator pole training, outdoor gym equipment tutorials and the Sportsability podcast. We have also developed our online videos for cycling, orienteering and walking to provide more opportunities for more people to be more active.

GOAL 1: ACTIVE PEOPLE

The following are some of the challenges we encountered in 2022 and how we responded . . .

2022 CHALLENGE	OUR RESPONSE
Ongoing COVID19 restrictions particularly in Q1 and Q2 of 2022.	We responded by facilitating programmes outdoors where possible, particularly in the first half of 2022. We liaised closely with our partners as we gradually returned to sport/lifted restrictions to ensure we understood the needs and fears of different target groups and individuals.
Addressing the slow Return to Sport for those most effected by the pandemic, particularly people with a disability	Our staff liaised closely with disability groups and services to enable us to plan deliver safe and appropriate activities. In discussion with the sector, we delivered relevant activities with local partners. We also focused more on sustainable projects to enable individuals to be active e.g. beach wheelchair and cycling training.
Reluctance and fear among older adults to return to sport.	The delivery of outdoor and social activities such as the Activator Pole programme helped increase confidence in the earlier part of the year. As the year progressed, the engagement with partners with a common goal and a safe venue such as libraries, leisure centres and swimming pools enabled groups to reengage.
Managing the extra demand for programmes once restrictions were lifted in the second half of 2022.	Our staff responded by successfully engaging with partner organisations in the community who had the capacity to support the delivery of programmes.
Re-establishing connections and links with partner groups and clubs	Our sports development staff availed of opportunities to be part of various working groups and networks at both local and national level while also reaching out to numerous sports clubs and community organisations to encourage and support.
Online programming during the pandemic resulted in a decrease in number of men participating due to the importance of social interaction.	We focused on partnering with clubs and organisations and outdoor programming in 2022 including our partnership with GAA clubs to make Men on the Move more attractive and engaging for men.

Plans for 2023 . . .

- Work in partnership with clubs in providing sustainable opportunities for all trigger events.
- Work with water sports clubs and offer activities across a number of target groups.
- Increase the number of cycling tutors/partner clubs to deliver cycling across the city and county.
- Use the Grant Scheme framework to engage with clubs/organisations to deliver physical activity opportunities.
- Achieve the Xcessible Bronze Award.
- Support accessible opportunities for people with a disability by working in partnership with disability organisations and national governing bodies of sport.
- Develop our website as a resource for people to be active through online offerings and awareness of local infrastructure and opportunities.
- Evaluate the West Waterford Rural Hub to support its continued development and future sustainability by engaging with sports clubs, community and commercial facility operators to promote sustainable opportunities.
- Develop partnership programmes for primary schools for relevant physical activity opportunities and measure the sustained impact.
- Target 5 primary schools who haven't engaged with WSP Programmes in the last 5 years.
- Work with 15 clubs/NGB's to provide sustainable pathways for physical activity.
- Engage with all youth at risk services/groups to create sustainable opportunities for youth at risk with local clubs and NGB's in new locations.
- Engage in a needs analysis with men to find out what is needed/wanted for men in partnership with five relevant clubs/NGB's.
- Continue to develop use of trigger events and expand sustainable opportunities for women in partnership with 10 local clubs by conducting a needs-based programme of activities and creating suitable and sustainable partnerships with clubs.
- Continue to engage with local community to promote relevant activities hosted in the Carrickphierish Sports Hub and clarify our role.
- Engage with local and national partners to put in place a plan with relevant focus on different outdoor activities and initiatives.
- Seek support for a fulltime Active Cities Officer to support the ongoing development of Waterford as an active city.
- Develop our capacity to promote cycling through club engagement and tutor training targeting general population, disability, and young people.

Case Study: Women's Couch to 40k Cycling Programme



OVERVIEW

Our Women's Couch to 40k Cycling Programme was developed in partnership with Dungarvan Cycling Club to increase the physical fitness levels of the participants and their overall cycling ability and confidence.



IMPLEMENTATION

- We worked with Dungarvan Cycling Club to organise a group of their members to accompany the WSP tutors and participants throughout the six weeks. The club members were there to support both the tutors and the participants.
- In Waterford City, we had a number of tutors who were avid cyclists themselves who delivered the 6-week programme in and around the city area.
- To maximise the impact of the programme the last week was scheduled to finish during the national trigger event – HER Outdoors. The final week of the programme saw both groups cycle simultaneously from Dungarvan and the City and to meet for a coffee in Kiersey's Bar in Kilmacthomas.

AIMS

- ⇒ To increase the women's physical activity levels and improve their overall cycling ability and confidence.
- ⇒ To deliver the programme in a safe and secure manner week on week.
- ⇒ To provide the Women with a Club pathway following the programme.
- ⇒ To promote the use of the Waterford Greenway.



OUR PARTNERS



41 women

26: Dungarvan

15: Waterford City

6 of the women went on to join Dungarvan Cycling Club post Programme!



NEXT STEPS...

We will continue to support and deliver programmes to increase physical activity levels across all target groups and where possible working alongside clubs to allow for follow-on participation.

Case Study: Social Hurling



OVERVIEW

We teamed up with Waterford GAA to develop a social hurling initiative in November 2022 for men aged 35 and over. This initiative focused on this age cohort of 35 and over because anecdotally men of this age group have participated less frequently in WSP programmes organised for men and from a GAA perspective it is traditionally the age range of retirement for men playing competitive hurling.



Key Performance Indicators

Number of Men aged 35 and over:

- recruited to attend the initiative
- regularly participating in the initiative who report that they've not been meeting the national physical activity guidelines prior to the programme
- engaging with WSP on how to shape the initiative in the future
- enjoying themselves and having fun with participants and facilitators.

OUR PARTNERS



IMPLEMENTATION

- ⇒ Created recruitment resources such as posters and email campaigns to promote the initiative across WSP and Waterford GAA database, website, and social platforms.
- ⇒ Promoted the initiative on local radio, both organisations were interviewed on the sports show.
- ⇒ A central location was chosen as the designated venue for the initiative. The club facility was used but the club was not used as a partner in order to represent openness for all men affiliated or not affiliated to a Waterford GAA club.
- ⇒ Waterford GAA played a central role in identifying a facilitator (Referee) that could manage an adult game but implement social aspects for fun and for including all players that showed up to participate.
- ⇒ The initiative during the pilot was adapted weekly with the use of equipment by the facilitator and there was no set agenda of rules. Fairness and respect was the common goal throughout.



Outcomes/Learnings

25 men registered their interest
19 men took part.

Age range of participants 35 -55

The reasons for men not regularly attending included: shift work, family commitments, club volunteer commitments (AGM's etc.)

'Just for fun & some exercise and getting to swing a hurley after so many years'

'It was played in good spirit and good craic'

'Fun, meeting new people, engaging with others club members that I played against in the past, playing my favourite sport for fun'

'Never played hurling when I was growing up. It's something new and different and a great game to watch'



NEXT STEPS...

Develop a 6-week programme for social hurling. Viable at start or end of year due to club volunteer commitments. Increase visibility of PR by promoting in match programmes for 2023 National Hurling League.

Case Study: Club Men on the Move



OVERVIEW

We identified that by partnering with local sports clubs we could empower and support them to provide physical activity opportunities to their non-playing male members. This partnership by a sports club with WSP would have a positive impact on the health and wellbeing of their male non-playing members and it would also provide us with an opportunity to support more inactive men in more areas to become more physically active through the delivery of well-structured physical activity programmes such as the HSE Men on the Move model. The partnership also extended to providing spaces for men living in the community close to the sports club the opportunity to attend the programme even if they were not a member of the club.



Key Performance Indicators

- Number of local sports clubs contacting WSP to be a partner and to provide the opportunity.
- First time participants attending a WSP program
- Club non-playing male members attending regularly.
- Non members of the club attending regularly.
- Men regularly participating in the initiative who report that they've not been meeting the national physical activity guidelines prior to the programme.
- Clubs requesting further involvement with WSP in the future.

OUR PARTNERS



IMPLEMENTATION

- ⇒ An expression of interest email was sent to all designated Healthy GAA Clubs in Waterford in December 2019.
- ⇒ Following discussions with a designated club person a plan was put in place to support the club to set up the new physical activity opportunity.
- ⇒ WSP Tutors were recruited or fitness instructors within the club were upskilled to facilitate the sessions. A permanent section of the club grounds (ball alley, pitch, astro) was booked and provided free of charge to WSP for the duration of the programme.
- ⇒ We carried out recruitment campaigns to promote the initiative across WSP and the local clubs database, what's app groups, website and social platforms.
- ⇒ We managed the registrations and collection of fees for the programme, and looked after all weekly administrative tasks: PARQ's, text reminders, social platforms communications etc.
- ⇒ Partner clubs received all the participants fees for the programme. Members were always offered a discount to participate. The fees were then transferred to the club to enable them to have a budget to continue the opportunity after the initial programme

OUTCOMES

3 GAA clubs partnered with WSP.

42 men participated in total.

For 39 men it was their first time attending a WSP programme.

3 men were non club members and were living locally or participated in the Men on the Move programme before in a neutral venue.

All 3 clubs wanted to offer the programme again, one club successfully ran another 6-week block, another extended the number of weeks of the programme, and the third club wanted to continue but their tutor was unavailable so, it could not proceed.

Two of the clubs reengaged with WSP in 2023 to enquire about partnering opportunities.

IN THE PARTICIPANTS' WORDS
'Addictive' 'Worthwhile'
'Enjoyable' 'Motivating'

NEXT STEPS...

Recruit more local clubs to become partners. Reengage with previous partners to seek solutions to making the programme sustainable. Increase visibility of PR recruitment resources - explore options that are not just WSP platforms. Liaise further with NGB Development Officers that share a common goal of lifelong participation. Explore the training needs that will support clubs to provide sustainable health and wellbeing initiatives. Expand to offer the opportunity to men living in County Waterford. Develop a social league table model to add value and to retain participants for the duration of the programme.

Case Study: Non-Contact Rugby Programme

OVERVIEW

A schools-based initiative that targets 4th 5th and 6th class students, run in partnership with Munster Rugby and local rugby clubs. The objective is to introduce the Sport of Rugby as a fun, inclusive and safe activity.



Programme Objectives

- Participation and engagement: that all the children actively take part in an inclusive activity.
- To assist schools so that children can engage in Sport in a safe, fun environment.
- To implement youth focused programmes that meet the objectives of physical literacy standards.
- To partner with an NGB to support WSP in delivering physical literacy programmes
- Increase of physical activity levels of young people in schools.
- Partners taking the lead: Munster Rugby/Schools leading the programme with WSP taking a supportive role.



IMPLEMENTATION

- The programme was designed and implemented by Munster Rugby/WSP and local rugby club coaches.
- Almost 1,200 students from 15 schools took part in this fantastic initiative that focused on fun, participation and movement.
- Each session was of 30 minutes duration, four sessions were delivered on the day to different classes over a period of four weeks.
- Two coaches (one from Munster Rugby and one from a local rugby club) facilitated all the sessions.
- The programme concluded with a Non-Contact Rugby Blitz in SETU Arena.

OUR PARTNERS



OUTCOMES

- An increase in physical activity levels in the schools.
- Continued collaboration with NGB's and sports clubs to deliver physical activity programmes in schools.
- A change in young people's attitude towards sport and physical activity. Feedback from teachers has been very positive, as they highlighted children that were not physically active had a very positive experience with this programme.

Nineteen girls from St. John of God's N.S. in Waterford City were invited to take part in the ALDI PLAY Rugby Festival in Aviva Stadium in May. Only 16 schools from around the country (four from Munster) were invited to take part.

The majority of these girls would not be physically active on a regular basis!



NEXT STEPS

Continue to nurture our very positive relationship with Munster Rugby and local rugby clubs. Make this programme available to more schools in 2023. To encourage Munster Rugby and local Rugby clubs to take ownership of this programme.

'I didn't think I'd like it but I love it', Layla.
'It's really fun, much better than I thought', Lauren.
'I didn't think I'd be any good at rugby', Mark.
'I liked the Rugby because the coaches were funny and the games were really fun' Brian.

GOAL 2: ACTIVE NETWORK –

Strengthening the Network, Connecting People

To support and strengthen the capacity of the network of people and organisations who facilitate sport



Quality training and education and capacity building opportunities for the providers of sport and physical activity:

Highlights!

- ⇒ Safeguarding Training Courses – 24 courses delivered to 262 participants. Increase in number of tutors now available to deliver Safeguarding courses.
- ⇒ Partnership engagement with 16 clubs/NGB's for school activities.
- ⇒ Increased awareness about the importance of physical activity during the menopause, 105 people attended two different awareness sessions.
- ⇒ Provision of online Sports First Aid Workshops for clubs and community groups.
- ⇒ 17 schools took part in our Balance Bike Training Programme.
- ⇒ WSP one of four Local Sports Partnership who worked with Sport Ireland to host the iCoach Kids Conference in SETU Arena , attended by 88 coaches.
- ⇒ Development of the Fairlane Park Development in Dungarvan in partnership with WCCC, Cycling Ireland and BMX Ireland to deliver a Skatepark and 'Learn to Cycle Track'.
- ⇒ Development of WSP grant structure to enable sports clubs to run sustainable activities.

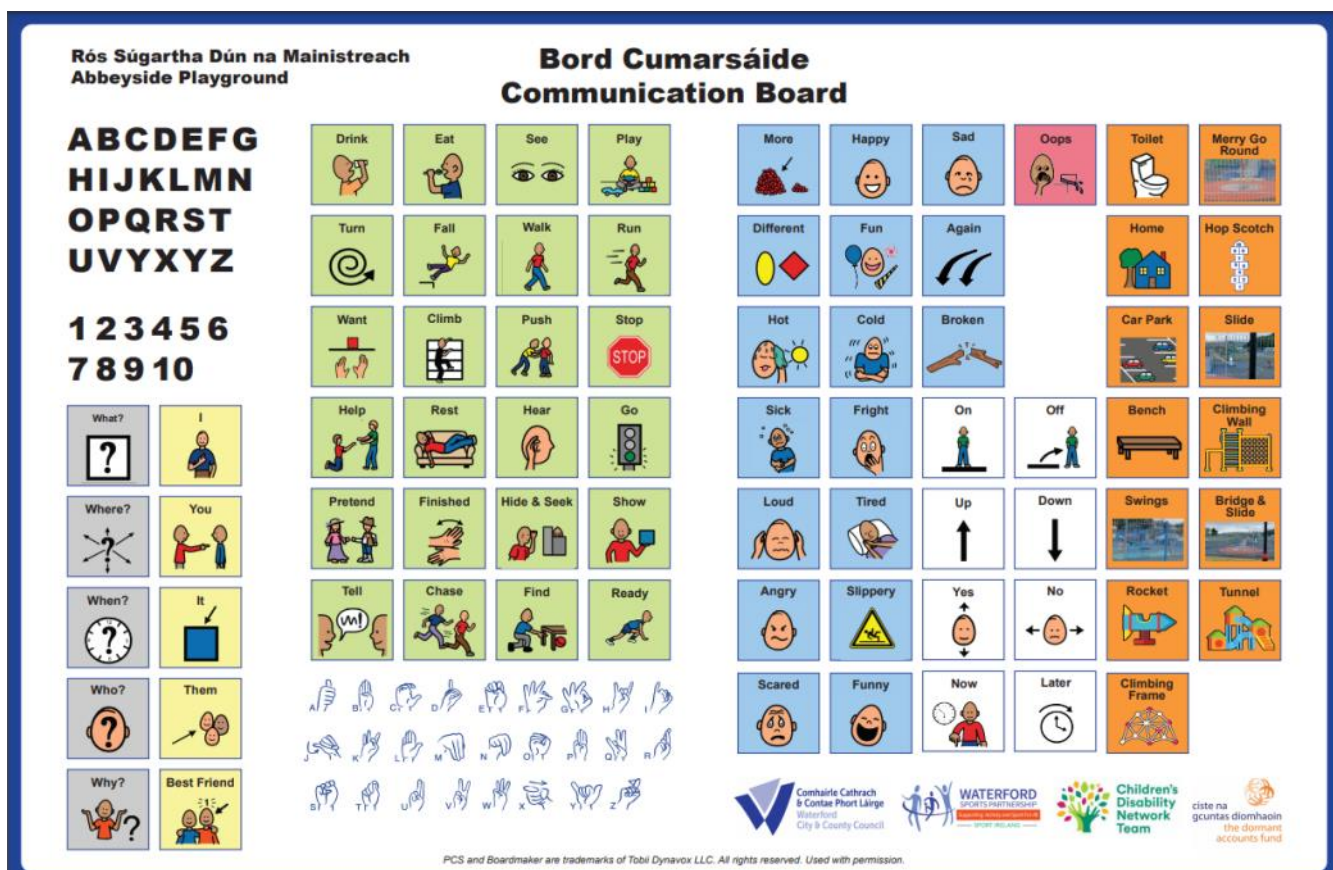


GOAL 2: ACTIVE NETWORK

Support and enable a culture of shared and multipurpose quality facilities in the built and natural environment through engagement with relevant individuals and organisations

Throughout 2022, WSP liaised with numerous partners and stakeholders to develop infrastructure across Waterford City and County. The following are examples of projects where we partnered with Waterford City and County Council:

- ⇒ Development of Communication Boards (a sign that displays photos, symbols, or illustrations to help people with limited language skills express themselves. The user can gesture, point to, or blink at images to communicate with others) for all playgrounds across Waterford City and County.



- ⇒ Contribution by Active Cities Waterford to the installation of adult exercise equipment in the People's Park in Waterford City.
- ⇒ Continued partnership on the Fairlane Park Development in Dungarvan. This included the building of a new Learn to Cycle Park, skatepark and successful funding application for a BMX Pump Track.
- ⇒ Member of the Swimming Pool Steering Committee looking at the feasibility for a swimming pool for the Dungarvan area.



GOAL 2: ACTIVE NETWORK

Stronger relationships with sporting organisations

Sport Ireland has identified 108 partners that Local Sports Partnerships could engage with to deliver physical activity opportunities to all. In 2022, WSP engaged with 80 of these 108 organisations as outlined in the table.

The following are some examples of how we linked with National Governing Bodies and other organisations in 2022:

Waterford Camogie Association/Waterford Ladies Football - supported with fixture proposals to increase opportunities for girls and women in both sports and developed leadership programme for girls in schools.

Hockey Ireland/Munster Hockey/Dungarvan Hockey Club – partnership to deliver a hockey4all programme for young people with intellectual disabilities with the club now having a hockey4all team.

FAI – we worked with the FAI for special schools soccer and this partnership led to two football for all clubs being set up in Cappoquin AFC and Ballyduff AFC. We also work with the FAI for youth at risk groups.

GAA – key partner in delivering GAA For All Cúl camps for 70 children with a disability and a men's pilot Social Hurling Programme. (See Case Study Page 24)

Munster Rugby – we worked with Munster Rugby and 2 local clubs (Dungarvan RFC, Waterford City RFC) for a Non Contact Rugby Schools Programme focused on fun and participation as opposed to the skills of Rugby. This led to an increase in the membership base for both clubs. A highlight was 19 girls from St John of God's school took part in the ALDI play rugby festival at the Aviva stadium. (See Case Study Page 26)

IABA/St Saviour's Boxing Club – a partnership with the club delivering boxing fitness sessions during women in sport week led to 80 girls continuing an after school boxing fitness class. The club saw an increase of membership as a result.

Cycling Ireland – we partnered with Cycling Ireland to deliver women's programmes in partnership with Dungarvan Cycling Club. (See Case Study Page 23). We also partnered with Cycling Ireland for 'Learn to Cycle for People with a Disability' and delivered twelve of these training courses to local groups.

Basketball Ireland/Waterford Wildcats – we partnered with Basketball Ireland and Waterford Wildcats to deliver basketball to local schools and youth organisations. A great success was the delivery of the 'Her Rules, Her World' initiative with 160 girls taking part in a four week programme with the club.

Table Tennis Ireland – in partnership with Table Tennis Ireland we identified an opportunity for the development of Table Tennis in Waterford. We delivered online training in the West Waterford hub area and purchased equipment. We also worked in partnership with Table Tennis Ireland to deliver a four week taster programme which we hope will lead to the establishment of the first table tennis club in Waterford City. (See Case Study Page 33)

Canoeing Ireland – through partnership with Canoeing Ireland, we delivered kayaking opportunities to deliver training to Kayaking clubs and partners for water programmes for European Week of Sport.

Older Adults – we worked in partnership with Waterford Age Alliance, Waterford Older People's Council and Waterford Libraries to deliver an 'Activator Pole Borrow Scheme' in five locations across the county. (See Case Study Page 31)

Active Cities - we collaborated with Waterford City and County Council to deliver active play spaces. (see Case Study Page 36)

Operation Transformation – we partnered with 6 local clubs for an 8 week walking initiative with 364 participants.

National Bike Week – 2,563 people were active during Bike Week as part of a collaboration with Waterford City and County Council, An Taisce Green Schools, Cycling Ireland and 18 local schools.



IN 2022
WE ENGAGED
WITH

40 of the 65
National Governing
Bodies of Sport

5 out of 5 of the
Disability National
Governing Bodies

3 of the 4
Other Sport Ireland
Funded Partners

32 out of 34
Other External
Funded Partners

GOAL 2: ACTIVE NETWORK

Networking, Advocacy and Awareness Raising

Building alliances and relationships with local and national partners is an important area of work for WSP, therefore WSP actively engages in committee work and networking activities at local and national level.

Local networks and committees bring together community and sports organisations, statutory and non-statutory agencies, volunteers and other working partners and provide opportunities for partnership endeavours that influence and resource sport and physical activity at county and national level. These networking and awareness raising activities result in an increase in the reach of WSP and awareness of our work. They are also a sounding board for advice and recommendations as to what we can do to assist others to promote physical activity opportunities.

As the tables highlight, we engaged in more local and national networks in comparison with previous years. This enabled us to expand our reach in the delivery of physical activity opportunities to the people of Waterford.

Overview of the type of actions WSP was involved in

TYPES OF ACTIONS	2022	2021
Campaigns and Lobbying Efforts	0	0
Local Networks or Committees participated in	16	14
Regional and National Networks participated in	18	12
Research projects involved in	1	1
Policy/Strategy submissions made	1	1

List of Committees & Boards with WSP representation 2022

LOCAL	REGIONAL/NATIONAL
Age Alliance Health and Active living sub group	Cycling Ireland Cycling Hub Steering Group
Cappoquin, Lismore, Villierstown Rural Hub Steering Group	Golf Ireland National Volunteer Award panel
Fairlane Park Development steering group	Limited Company LSP Coordinator Network
Link-up Group	Men's Health Cross Border Committee
Positive Ageing Steering Group	Men's Health Week Planning Group
Waterford Age Alliance Committee/ Waterford Age Alliance – Health & Active Living Subgroup	National Active Cities Network
Waterford Bike Week Steering Group	PACC Core Stakeholder Group
Waterford Camogie/Ladies Football Women & Girls Participation Group	PACC Pilot 3 Working Group
Waterford Comhairle na nÓg	PACC Comms Working Group
Waterford Mental Health Committee	National Bike Week Steering Committee
Waterford SportsAbility Forum	National SIDO Network
Waterford Ukrainian response	National Walking Week Steering Group
Well Waterford Strategic Committee	SI Innovation Project Network
Well Waterford Implementation Committee	SI National LSP Coordinator Network
	SI National LSP Evaluation Working Group
	SI Physical Activity for Health Officer Working Group
	SI Women O40 Working Group

Plans for 2023 . . .

- ⇒ Coordinate a sustainable approach to the final year of the West Waterford Rural Hub funding.
- ⇒ Conduct a sports club volunteer training needs analysis and identify relevant partners.
- ⇒ Develop and roll-out an effective Water Sports Grant Scheme.
- ⇒ Connect with as many disability organisations as possible and gain an understanding of their needs, how they are functioning etc.
- ⇒ Active Cities - Outdoor infrastructure/equipment installation e.g. concrete table tennis table for the People's Park; concrete benches for boules courts in People's Park and Ballybeg; extra Boules court for People's Park; Box Up installation; walking routes and distance markers for Ballybeg; learn to cycle markings for Waterford Regional Sports Centre car park.
- ⇒ PACC Pilot 3 – Implement project actions.

Case Study: Activator Pole Borrow Scheme

OVERVIEW

Waterford Sports Partnership introduced activator pole programmes across Waterford City and County in January 2022. Following completion of activator pole programmes, participants regularly enquired about purchasing the poles. As a result, Waterford Sports Partnership, in partnership with Waterford City & County Libraries, developed the Activator Pole Borrow Scheme.

OUR PARTNERS

Leabharlanna Phort Láirge
Waterford Libraries



IMPLEMENTATION

- ⇒ Initial pilot phase included one library and the borrow scheme happened simultaneously with the delivery of a five-week programme.
- ⇒ Post pilot programme all parties met to identify the resources that were needed for the borrow scheme to continue without a programme.
- ⇒ Videos were developed by WSP staff lead and a WSP tutor. These videos were captured and edited by experienced Waterford City & County Library staff using their equipment.
- ⇒ Leaflets were developed by WSP staff lead and WSP Communications Officer and these leaflets were on display at participating libraries.
- ⇒ Waterford City & County Libraries identified three further locations that the borrow scheme could be expanded too.
- ⇒ Monthly pop-up pole walks were delivered at each participating library to offer person led education on how best to use the activator poles and provide a social opportunity for people interested in using them.

AIMS

- To enable the wider community to use activator poles at their leisure.
- To educate the wider community on how to use activator poles and their benefits.
- To remove the cost burden and encourage continued use of activator poles.
- To encourage people to meet for physical activity in non-traditional settings, but in a setting that is trusted, safe, and has wider benefits.



OUTPUTS

- Educational video available on WSP & Waterford City & County Libraries website, YouTube, and other social platforms.
- Educational leaflets available at participating library branches.
- People borrowing activator poles for a walk in their local communities, and if not already a library member they become a library member too.



"don't knock them until you try them, it's definitely a mind and body exercise."

NEXT STEPS . . .

- ⇒ Expand the number of participating libraries.
- ⇒ Explore the possibility of creating activator pole walking clubs to sustain participation.
- ⇒ Continue partnership with Waterford City & County Libraries, some aspects of our work overlap and support from the local sports partnership is welcomed particularly in relation to the Healthy Ireland at Your Library project.

OVERVIEW

We developed a HER Outdoors Club Fund to support the development of initiatives/ programmes by sports clubs that would like to encourage females to get out and enjoy the benefits of being in the outdoors during HER Outdoors Week 2022. Funding was available for water and land-based activities. These activities included surfing, sailing, rowing, archery, hiking, rock climbing, caving, fishing, etc.



Key Performance Indicators

- Number of outdoor sports clubs engaging with WSP and applying for funding.
- Number of NGB's engaging with WSP and promoting the funding opportunity to local clubs.
- Number of Outdoor sports clubs using funding to create their own initiatives and programmes for HER Outdoors Week 2022.
- Number of outdoor sports clubs using the opportunity to increase their female membership.

IMPLEMENTATION

- ⇒ Developed criteria for sports clubs to understand what the funding requirements entailed. Sports clubs were prioritised based on their ability to offer new participants the opportunity to join the club after the tester session.
- ⇒ Developed online application form.
- ⇒ Promoted the funding opportunity to NGBs and local sports clubs recorded on our database.
- ⇒ Promoted the funding opportunity on social media platforms to provide an opportunity for sports clubs not registered with WSP to find out about the potential opportunity.
- ⇒ All applications were reviewed based on the funding criteria.
- ⇒ WSP created recruitment resources and promoted all funded sports clubs initiatives.



OUTCOMES

5 sports clubs applied for funding | 2 clubs met the funding criteria:

Dunmore East Swimming Club & Fenor Road Bowling Club

The two clubs engaged with a WSP Development Officer to tailor their activity for HER Outdoors Week. 11 females took part in an outdoor activity with the funded sports clubs.

OUR PARTNERS



IMPACTS

- ⇒ Dunmore East Swimming Club gained three new members following their HER Outdoors Event.
- ⇒ We have continued to engage with the funded sports clubs and we are working on another initiative with Dunmore East Swimming Club.
- ⇒ The Road Bowling event provided an opportunity for women to experience a new, minority sport, in Waterford.



NEXT STEPS . . .

- ⇒ Replicate the funding scheme if funding is available in 2023.
- ⇒ Increase the number of sports clubs applying for the funding.
- ⇒ Consult with potentially suitable sports clubs earlier in the year to discuss the funding opportunity.
- ⇒ Open the application process earlier in the year.

Case Study: Table Tennis

OVERVIEW

This programme initiative was delivered in collaboration with Table Tennis Ireland and a group of individuals who approached WSP looking to setup a Table Tennis club in Waterford City. The programme started in August with two Taster Sessions which were followed up by a four week programme. A coach from Table Tennis Ireland was present throughout each of the nights over the six weeks.

AIMS

- ⇒ To set-up a Table Tennis club in Waterford city
- ⇒ To create an opportunity for adults across all age ranges, backgrounds, nationalities and abilities to play a sport
- ⇒ To develop the relationship with Table Tennis Ireland

IMPLEMENTATION

- ⇒ WSP alongside Table Tennis Ireland and a group of individuals met a number of times to discuss and organise the 6-week programme. The group of individuals all had a background in some way or another in Table Tennis and were the main driving force behind the initiative.
- ⇒ Table Tennis Ireland's Munster representatives worked alongside WSP to secure a coach and devise a programme plan for the 6 weeks. The programme was extremely popular from day 1.

OUTCOMES

WSP had fantastic feedback from all of the participants who took part in the 6-week programme. Overall, over 30 people took part in the programme each week, within that number we saw a very wide and diverse range of ages, nationalities and abilities. A lot of the participants had never played table tennis before or had only played it at home on the kitchen table.

OUR PARTNERS



'I have only ever played it before on the kitchen table with my Grandchildren. It is great to have the rules explained so I can teach it to them properly'



NEXT STEPS

The initial plan at the start of the programme was to develop a Table Tennis club within Waterford City and to have it setup at the end of the 6-weeks. However, due to an equipment storage issue the club setup had to be put on hold for the time being. WSP has since secured a location for the club to set-up and is in the initial stages of arranging for the purchase of equipment and arranging coach availability to run another 6-week programme at the end of which it is hoped that the club will be up and running.

Case Study: West Waterford and East Cork School Girls Soccer League

OVERVIEW

We were approached by the West Waterford/East Cork (WVEC) Girls Soccer League to assist with the development of participation opportunities and a Soccer League for U10 and U12 girls. WSP worked in partnership with Cork Sports Partnership to help to provide a sustainable pathway for 6 clubs (4 from Waterford and 2 from Cork).

KEY PERFORMANCE INDICATORS

- ⇒ Girls teams having access to own equipment
- ⇒ League fixtures in place for teams in a six team league
- ⇒ Annual blitz to be held to attract new girls
- ⇒ A coach development plan to include FAI, Safeguarding and First Aid Training
- ⇒ To have a Waterford team with representatives from the WVEC League competing at a national competition.

OUR PARTNERS



Cork Sports Partnership
Comhpháirtíocht Spóirt Chorcaí
— SPORT IRELAND —



CLUBS SUPPORTED

Ardmore Rovers FC
Cappoquin Railway FC
Lismore AFC
Brideview Utd
Inch United Schoolboy's/girl's FC
Ballybridge United AFC

IMPLEMENTATION

We worked in partnership with Cork LSP and the WVEC League to put together a plan for each of the clubs to enable them to be sustainable. This involved the following steps :

- 1: Providing a 'starter' pack (10 balls, 10 bibs and 10 cones) for each of the six clubs. This was needed as the clubs did not have their own equipment for the new age groups.
- 2: WVEC League engaged with the clubs to identify volunteer needs.
- 3: WSP/Cork LSP engaged with the FAI to see what volunteer supports should be offered to clubs
- 4: WSP/Cork LSP liaised with the WVEC league to highlight relevant training course for volunteers including FAI courses, first aid and safeguarding courses.



OUTCOMES

On 26th November, a six week soccer blitz was launched in Ardmore GAA with eighty girls participating from the six clubs. This programme was facilitated by WVEC representatives and the FAI. All clubs received a starter pack of equipment.

'It's great to work in partnership with another LSP in not only providing opportunities for girls to play sport, but assisting clubs to become more sustainable' **James Kirby, Cork LSP**

'We were delighted with the support and assistance of the two sport partnerships in supporting us to give girls an opportunity to have their own equipment but also enjoy soccer in a fun and professional environment'
Gary Hartnett, Secretary WVEC Girls Soccer League



NEXT STEPS

The league format will begin in March 2023 with coach education getting underway in February 2023.

The short-term plan is to look for this project to continue and for a Waterford team to be represented nationally as this league is currently one of 5 leagues nationally who do not have a girls representative team.

The longer term aim is to have ten clubs participating in the League by 2024.

GOAL 3:

ACTIVE ENGAGEMENT -

Clear Messages, Effective Communication.

To communicate clear and consistent messages and positively promote sport and physical activity

Some of the highlights for 2022 . . .

Effective channels and platforms for communication

- ⇒ **Social Media:** Continued to develop and manage WSP's presence on the following social media platforms:
 - WSP Facebook, Instagram and Twitter
 - Waterford SportsAbility Facebook and Instagram
 - CLV Community Sports Hub Facebook .
- ⇒ **WSP Website:** In addition to the normal website management and updating in 2022, we continued to add content that supported people to be active as they returned to sport following the pandemic.
- ⇒ **Resources:** 50+ resources were developed and promoted for a range of In person and Online Programmes. *Some examples are:*
 - **Activator Pole Borrow Scheme Resources**
How to Guide developed for Borrow Scheme.
 - **PACC Pilot 3 Resources:**
Signposting Card and Get Active Questionnaire designed and printed.
 - **Active Cities Project**
Various posters and signage designed and printed.
- ⇒ **Publications:**



WSP Newsletter:

Three editions of the WSP Newsletter were produced and circulated.

⇒ WSP Infograph:

This was designed and produced for the 2021 Annual Report and WSP communication platforms..



- ⇒ **Local Press & Local Radio:** Regular press releases published in local press. WSP staff held a number of interviews on WLRFM during 2022 including interviews for the Learn to Cycle Track in Dungarvan and Social Hurling Pilot Programme.

Engaging effectively with current and new partners

- ⇒ **Connection** – In an effort to keep connected with all our participants and partners in the disability sector after a challenging year for all, personalised Christmas Cards were designed and sent to all service users who engaged with us in 2022. We also maintained regular contact with various youth workers, project workers, development officers and teachers, with regard to support and plans for return to activity.
- ⇒ **Grant Scheme Framework** - in 2022 we ran a range of grant schemes for clubs/organisations to apply for. Part of the grant requirements were that the recipient clubs/organisations would name check and tag WSP across their social media platforms. We got great traction from this across socials.
- ⇒ **Sport Ireland Communications Network**
In 2022, Sport Ireland appointed a National Communications Officer and Munster Regional Communications Officer. We engaged with the Needs Analysis undertaken by the new Comms Team, participated in a Network Training session and contributed to the first edition of a LSP Network Highlights Newsletter.



GOAL 3: ACTIVE ENGAGEMENT

Some of the Sport Ireland Initiatives supported by WSP in 2022...

Women in Sport 2022

Sport Ireland facilitated a number of webinars and panel discussions on various topics relating to women in sport. The webinars were aimed at women and girls and those who support them in sport. We supported this initiative through promotion across our social media platforms and attendance by the team.



HER Outdoors Week

HER Outdoors Week took place from 8th-14th August 2022 and was an opportunity to introduce or re-introduce females to the power of outdoor sports. The week was the first of its kind in Ireland and was an opportunity for ALL females to escape to the outdoors and try something new. We supported HER Outdoors week by running a series of events across Waterford City and County which were all fully booked. We also supported the national campaign across our social media platforms.

It's My Time

Sport Ireland, in partnership with Healthy Ireland, launched the 'It's My Time' Campaign in November 2022. The campaign aims to encourage women over 40 to increase activity levels through exercise and sport. Repeated studies, including Sport Ireland's Irish Sport Monitor, have shown that women over 40, particularly those from disadvantaged communities, are amongst the least likely to be physically active or play sport. The campaign ran across digital, video-on-demand, and social media. We supported the initiative by sharing content and useful resources on our website and across our social media platforms.



Sport Ireland Winter Initiative

Sport Ireland launched the Winter Initiative in November 2022. It called on women, men, children, grandparents, cousins, neighbours, friends, work colleagues who haven't yet 'got going' to get out walking, running, cycling or participating in some form of physical activity. Local clubs and groups were also encouraged to post and advertise their events and activities online to spread the word about the Winter Initiative and encourage new people to try



out different sports which they may have felt were outside their comfort zone before now. There was a listing of activities being run by Local Sports Partnership and National Governing Bodies on the Sport Ireland Website.

We encouraged Waterford People to sign-up and 40+ people did. Our Community Sports Development Officer developed weekly content that was emailed to the participants each week to keep them motivated to keep moving, eat well and look after their mental health through the winter months.

WSP supported all of these national campaigns at local level through involvement in their development, promotion and/or building programmes around them.



Case Study: Physical Activity for People with Chronic Conditions - Pilot 3



OVERVIEW

To develop resources that can be used to engage people in Waterford living with chronic conditions into WSP Programmes.

PACC Pilot 3

A formal engagement process, primarily involving Waterford Sports Partnership, the Waterford Social Prescriber Service and the HSE Waterford Chronic Disease Hub, designed to increase information-flow and service-linkage and thereby increase the access of individuals living well with chronic conditions to existing community-based, non-medically supervised physical activity programmes.

HOW MUCH ACTIVITY DO I NEED?



at least
150
minutes
a week

Get Active & Stay Active

Being physically active is one of the most important steps that you can take to improve your health, whatever your age or ability.

Exercise Guidelines for adults (aged 18 – 64)

At least 30 minutes a day of moderate intensity activity, five days a week (or 150 minutes a week).

Exercise Guidelines for older people (aged 65+)

At least 30 minutes a day of moderate intensity activity, five days a week (or 150 minutes a week). Focus on aerobic activity, muscle strengthening and balance. To start, try and aim for 10-minute bouts. Start off small and build up from there.

Moderate intensity activity is: Increased breathing and heart rate, but still able to carry on a conversation. Warm or sweating slightly, comfortable pace.



SPORT IRELAND
LOCAL SPORTS PARTNERSHIPS

AIMS

- ⇒ To create a signposting card for use by Waterford Health Care Professionals and Waterford Social Prescribing Team.
- ⇒ To review and revise WSP's Physical Activity Readiness Questionnaire (PARQ) which people complete when registering for WSP activities.
- ⇒ To ensure that our website provides people with relevant information about programmes they can join, level of intensity etc.

IMPLEMENTATION

- With guidance from the PACC Pilot 3 Working Group, we designed a signposting card to be used by Waterford Health Care Professionals and Waterford Social Prescribing Team. The Card contains information about recommended Exercise Guidelines for Adults and contact information for WSP.
- Under the guidance of the PACC Pilot 3 Working Group, a draft 'Get Active Questionnaire' (GAQ) was devised. After various iterations and amendments the final document was signed off in December 2022.
- Again, with input from the PACC Pilot 3 Working Group, we designed a 'Get Active, Stay Active' page on our website with useful activity guidelines, links to the GAQ and motivational stories.

Get Active Questionnaire

As adapted from the Canadian Society for Exercise Physiology – Physical Activity Training for Health (CSEP-PATH®)

Being physically active is one of the most important steps that you can take to improve your health whatever your age or ability. Some physical activity is better than none, more is better than some, and any amount of physical activity you do results in health benefits.

This questionnaire is intended for all ages, and it will help make us aware of your current health situation. Your answers will inform us about your readiness for physical activity. At the start of all programmes, we will ask you about your current physical activity levels to make sure that the recommended exercises are appropriate for your physical activity level.

For almost everyone, the benefits of physical activity far outweigh any risks. However, for some individuals, specific physical activity guidance from a Healthcare Professional (Consultant, Doctor, Nurse, Physio, OT, etc.) is advisable.

I am completing this questionnaire for myself. ☐ I am completing this questionnaire for my child/dependent as parent/guardian. ☐

YES	NO	PREPARE TO BECOME MORE ACTIVE
		The following questions will help to ensure that you have a safe physical activity experience. Please answer YES or NO to each question before you become more physically active. If you are unsure about any question, answer YES.
		1. Have you experienced ANY of the following (A to F) within the past six months?
		A. A diagnosis of/treatment for heart disease or stroke, or pain/discomfort/pressure in your chest during activities of daily living or during physical activity?
		B. A diagnosis of/treatment for high blood pressure (BP), or a resting BP of 160/90 mmHg or higher?
		C. Dizziness or light-headedness during physical activity?
		D. Shortness of breath at rest?
		E. Loss of consciousness/fainting for any reason?
		F. Concussion?
		2. Do you currently have pain or swelling in any part of your body (such as from an injury, acute flare-up of arthritis, or back pain) that affects your ability to be physically active?
		3. Has a health care provider told you that you should avoid or modify certain types of physical activity?
		4. Do you have any other medical or physical condition (such as diabetes, cancer, osteoporosis, asthma, spinal cord injury) that may affect your ability to be physically active?
<p>NO to all questions: Please go to PAGE 2</p> <p>YES to any question: Please have a conversation with your Healthcare Professional. Please go to PAGE 2</p>		

PAGE 1 of 2

NEXT STEPS . . .

- ⇒ The signposting cards will be printed and distributed to Waterford Healthcare Professional in early 2023.
- ⇒ We will commence the use of the GAQ at our programmes in 2023.
- ⇒ We will ensure that we have Men on The Move, Women on the Move and Chair Based Yoga programmes running throughout the year that individuals can join.

Home Contact Us About Us Governance WSP Policies

Get Active & Stay Active Developing Sport Publications News

Get Active & Stay Active

Published: February 2, 2023

Find out more about our Programmes here:

WOMEN ON THE MOVE

MEN ON THE MOVE

CHAIR BASED YOGA

ARE YOU READY?

Complete the Get Active Questionnaire

Waterford Social Prescribing Service

Ciste na Guntas Dromhaoin

HSE

Case Study: Active Cities Promotion through Play



OVERVIEW

A key focus of the Active Cities project in 2022 was promoting outdoor play and running outdoor play events. These events enabled us to promote the Active Cities brand to specific communities and the wider public in Waterford.

Key Performance Indicators

- Number of play bags borrowed by residents associations
- Number of play 'events' at Waterford City festivals.

IMPLEMENTATION

- We ran three play events in the city in Cathedral Square as part of the **Summer in the City** programme, play events at each of **Africa Day**, **Cruinniú na nÓg** and the **Lisduggan Jubilee Day**, and on each Saturday and Sunday of **Winterval** (10 days in total) in the Apple Market.
- In total, over 42 hours of play opportunity was provided. These were free, inclusive events, in public spaces, which did not require pre-registration.
- All events were unstructured and at each there were obstacle courses, giant Jenga, skipping and elastics, a giant parachute, bean bags for throwing, a big tug-of-war rope, space hoppers, bubble makers, musical instruments and chalk for drawing on the ground. The focus was on fun and participation.
- There were two staff on hand throughout to encourage, cajole, get stuck in, intervene and keep track of equipment. All events were very popular with the public. Some children (and parents) stayed for a short while; others for a long time and/or were regular attenders.
- We also loaned out play equipment to three Residents Associations for children and parents to use on the road and/or the green for community events.

'Outdoor Play with Active Cities was a welcome addition to the Winterval 2022 festival. Taking place over 5 weekends, they animated the area, breathing life into the Apple Market with fun family activities from tug-of-war to jenga, and from obstacle courses to drawing on the ground with chalk. Not only did the children and their parents who took benefit from moving while having fun, but the surrounding businesses also benefited from the increased footfall. We were very happy with Active Cities! Good old-fashioned harmless fun that got children and parents moving, and most importantly smiling!' **Trevor Darmody, Co-ordinator of the Winterval Christmas festival events**



'Active Cities brought so much to Summer in the City this year. Its support allowed us to expand into an all inclusive festival inviting families and communities to come together.' **Anna Jordan, Co-ordinator of the Summer in the City events.**



NEXT STEPS . . .

- ⇒ We will run outdoor play events again in 2023 as part of Spring/Summer festivals, e.g., St Patrick's Day festival.
- ⇒ We will also invite Residents Associations to borrow the play equipment 'play bag' to run outdoor play events in their area.

OUR PARTNERS



'Active Cities Waterford were very gracious in lending us play equipment for our annual Woodlawn Grove Resident's Summer Day. This event is very popular within our community with residents both young and old and this equipment really helped to make the event in 2022 a roaring success. Across the day, we had over 150 residents attend the fun and games which included party games, relay races and a range of other active pursuits for all ages. The younger generation in particular loved having the opportunity to take part in the dynamic games and the obstacle courses in particular went down a treat. Our adults even got in on the action with a family football game ending the day! Days like these are so important to promote active lifestyles and community spirit within our residents and we're so very thankful for the support of Active Cities to help us to keep our community happy and healthy!'

Órla Hayes, Woodlawn Grove Residents Association



GOAL 4: ACTIVE MANAGEMENT -

Sufficient Resources, Good Governance.

To lead and influence a culture of participation, good governance and competent operations.



The following are some of the **key highlights for 2022** . . .

Objective 4.1: Strengthen the leadership and competency of the organisation through effective Board and staff support and development.

- Four new members joined the Board in 2022, three of whom are female and there was one resignation in 2022.
- The Board Induction Pack and process was reviewed and updated for all new members and Board Governance information was compiled into a new Board Governance Framework Pack
- Board/Staff Annual Review and Planning session – the annual WSP Board/staff workshop was held in December. The focus this year was exploring WSP's role in the broader health and wellbeing space.

BOARD TRAINING

- The following training was attended by a number of our Board members in 2022:
 - Sport Ireland Governance Enhancement training
 - Understanding Governance and the Board's role
 - Sport Ireland Board Member Roles and Responsibility Training.

STAFF RESOURCING, DEVELOPMENT AND SUPPORT

- Human Resources - In 2022, Voltedge Management Limited consultants were retained to provide ongoing support on all aspects of HR within each of the eight limited company LSPs as a shared service. The main focus of priority and support in 2022 was in the development of a new employee handbook and contractor's handbook
- Recruitment – there were two recruitment processes during the year, for a CSDO (maternity cover contract) and for a part-time Office Administrator.
- We secured funding approval from Sport Ireland to recruit under the ASPIRE graduate programme in early 2023.
- We implemented a new Accountability, Performance and

Development process for staff including quarterly action plan meetings, bi-annual individual Planning Development & Performance (PDP) meetings and bi-annual team planning meetings

- We reviewed and updated our Programme Planning processes to improve efficiency and planning.



STAFF TRAINING – There continued to be a strong focus on staff training and development in 2022 which included staff participation in the following:

IPA Professional Certificate in Governance
Sport Ireland Accelerate Management Training
Sport Ireland Arena Leadership Programme
Sport Ireland Mentor Programme
Sport Ireland Communications Training
Sport Ireland Coaching Teenage Girls Tutor Training
Sport Ireland Governance Enhancement training
Numerous online Sport Ireland and NGBs Sport Webinars
Safeguarding Tutor Training
Dignity at Work Training
Salesforce CRM Training

Objective 4.2: Secure resources for effective operations consistent with WSP's role and responsibilities.

SYSTEM IMPROVEMENTS FOR MORE EFFECTIVE OPERATIONS

- We took over full implementation of staff payroll in January 2022. Prior to 2022, payroll was facilitated through WCCC. An online payroll system, Parolla, was chosen and the transition was very smooth.
- Xero, our new accounting system, also went live in January. This is an online system and its implementation supports staff and management with real time information and flexible access.
- Online banking approvals – we moved fully to online approvals of payments and payroll.



OFFICE ACCOMMODATION

- During 2022, we reorganised and upgraded our office at the Regional Sports Centre in order to address needs arising from the growing team. This reorganisation resulted in an additional desk space in the main office area and two hot desks in the meeting room for visiting staff.
- We also secured additional office space in the Courthouse building in Dungarvan which can accommodate three staff comfortably. This provides potential for us to respond to opportunities anticipated to grow staff resources.

GOAL 4: ACTIVE MANAGEMENT

Objective 4.2 Secure resources for effective operations consistent with WSP's role and responsibilities.

Funding Secured in 2022

A total of €922,679 was secured by WSP during 2022 from multiple sources including: Sport Ireland, Dormant Accounts (via Sport Ireland), Waterford City & County Council Waterford & Wexford ETB (on behalf of Department of Children, Equality, Disability, Integration and Youth (DCEDIY), HSE and relevant government departments.

The table below provides a full breakdown of grants and income secured by WSP during 2022 with the 2021 comparison.

Breakdown of WSP Funding Secured in 2022 & 2021

GRANTS & FUNDING SECURED BY WSP DURING THE YEAR...	2022	2021
DTCAGSM – Sports Capital Programme	n/a	12,002
Dormant Accounts Active Cities	100,000	90,000
Dormant Accounts CLV Rural Sports Hub Phase 5	20,000	21,955
Dormant Accounts Innovation Fund	100,000	n/a
Dormant Accounts Outdoor Urban Adventure	10,550	n/a
Dormant Accounts Sports Inclusion Disability Projects Capital	n/a	20,000
Dormant Accounts Volunteer Training & Supports Programme	5,000	n/a
Dormant Accounts ASPIRE Graduate Funding	26,620	n/a
Get Ireland Walking	1,000	n/a
Go for Life	2,300	n/a
Health Service Executive Programme Fund	7,650	7,650
Sport Ireland Core Funding	416,769	409,658
Sport Ireland Research Funding Scheme	n/a	15,000
Sport Ireland Sports Capital Grant	n/a	9,800
Sport Ireland COVID '19 Support Grant - Club Small Grants Scheme	n/a	32,455
Sport Ireland Her Outdoors	2,500	n/a
Sport Ireland COVID Funding	75,000	n/a
Waterford City & County Council - Annual	54,800	54,800
Waterford City & County Council – Bike Week	7,800	7,036
Waterford City & County Council – Rural Hub	8,000	8,000
Waterford City & County Council – SIDO/Disability	16,000	16,000
Waterford City & County Council – YSDO/Youth at Risk	15,000	15,000
Waterford & Wexford ETB/DCYA	52,200	50,680
Waterford & Wexford ETB/DCYA – Covid 19 Minor Grant Scheme	n/a	3,688
Waterford & Wexford ETB/DCYA –Minor Grant Scheme	1,490	n/a
WAP Contribution to HI19/21 Active Communities Summer Camps	n/a	2,000
Total	€922,679	€775,724

GOAL 4: ACTIVE MANAGEMENT

Sport Ireland Funding



Core Investment

Sport Ireland supports the 29 Local Sports Partnerships to co-ordinate and promote the development of sport at local level and increase levels of participation in sport and physical activity. The core investment supports the core work of the LSP network; including the delivery of National Programmes, Education & Training initiatives, Strategic Development, Community Sports Development Officers (CSDO), the Sports Inclusion Disability programme, Women in Sport programmes and general participation programmes.

In 2022, WSP secured €416,769 (2021 €409,658) through Sport Ireland Core funding which is approximately 80% Staff salaries, 12% Non Staff administration and 8% Programmes, Club Development Grants and Training & Education. The increase in funding reflects the increase in operating cost and wages costs as the organisation grows.



Dormant Accounts Investment

Sport Ireland has worked with the Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media on developing a series of measures under the Dormant Accounts Action Plan since 2015. Under Dormant Accounts, Sport Ireland delivers on a range of sport and physical activity programme opportunities for LSPs and NGBs which align with the National Sports Policy and the National Physical Activity Plan (NPAP).

All projects funded by Sport Ireland through Dormant Accounts target:

1. The personal and social development of persons who are economically or socially disadvantaged;
2. The educational development of persons who are educationally disadvantaged;
3. Persons with a disability (within the meaning of the Equal Status Act 2000).

WSP secured funding a total of €262,170 in 2022 (2021 €131,955). The main driver of the increase in funding received in 2022 was due to WSP being awarded €100,000 for Innovation projects and €26,620 for the ASPIRE Graduate Programme.

Summary of Dormant Accounts Funding Secured by WSP in 2022

Dormant Accounts Funding Secured	2022	2021
Active Cities	€100,000	€90,000
Innovation	€100,000	-
CLV Rural Sports Hub Phase 5/4	€20,000	€21,955
Volunteer Supports	€5,000	-
Outdoor Urban Adventure – Capital	€10,550	-
Sports Inclusion Disability Project Capital	-	€20,000
ASPIRE Graduate Programme	€26,620	-
TOTAL	€262,170	€131,955

Sport Ireland COVID Funding

In 2022, WSP was allocated €75,000 from Sport Ireland under the Covid Grant Support Scheme for Return to Sport. This funding will help WSP to continue to support the recovery and growth of local sports organisations post COVID.

Benefit in Kind Investment by our Partners

We continue to have a considerable and extremely important benefit in kind investment from many of our stakeholders. In particular, Waterford City and County Council has supported WSP since its inception with office space for all our staff, IT supports and other key administration support. In addition to the significant financial and practical benefits this brings to WSP, of equal importance has been the development and strengthening of relationships and understanding between WSP and Waterford City & County Council over the years due to the proximity of operations. We also acknowledge the investment of time by all our board members, and their representative organisations, NGBs and sports club partners, school and community partners and all other stakeholders.

GOAL 4: ACTIVE MANAGEMENT

Objective 4.3: Strengthen and promote good governance and best practice and support meaningful oversight and direction.

Governance Code for Sport: Implementing effective governance, procedures and policies for the WSP organisation was prioritised in 2022. We achieved full compliance with the Governance Code for Sport in December 2021. In addition, the WSP Company Auditors conducted a governance compliance review in mid 2022, the outcome of which was the provision of a letter by the Auditor to Sport Ireland confirming compliance for 2021 based on the records provided. Throughout 2022 the Board monitored ongoing compliance with the code with a review of policies and procedures undertaken where necessary.

WSP Strategy Review and Development: In late 2022, the Board put together a Strategy Working Group to oversee the strategic review and development process. This working group met in October and December. A tender was developed and advertised for a consultant to assist in the strategic process however there was limited interest, possibly due to timing. Subsequently, it was proposed to, and agreed by, the Board to postpone the development of the strategy until early 2023 when Sport Ireland's own strategy and its Statement of Ambition for LSPs would be launched. Also the outcome from pilots for the development of Local Sports Plans will be relevant to the positioning of LSPs. This is expected later in 2023.

Review and update of WSP Employee Handbook: During 2022 the WSP Employee handbook was reviewed and updated and subsequently approved by the Board. This process was carried out with the support of Voldedge HR and in conjunction with a number of other CLG LSPs.

Data Protection Gap Analysis: During 2022, we appointed a consultancy, Privacy Engine, to complete a Gap Analysis on the area of Data Protection. A detailed report was issued and the recommendations are in the process of being implemented by the team. WSP collaborated with fellow LSP (companies limited by guarantee) to scope the piece of work and to benefit from economies of scale.

Asset Management: A new asset management system was developed in 2022 using the Asset Tiger software. The system will be fully implemented in QTR. 1 2023. This system provides support and assurance in the management of sports equipment and individual usage rates which will assist with maintenance requirements.

Conflict of Interest and Conflict of Loyalty: In late 2022, the WSP Conflict of Interest and Conflict of Loyalty Policy for Board and Staff and the associated form was reviewed and updated. All Board members and staff will complete this form on an annual basis. At the start of every Board meeting the chairperson reminds members of the need to declare any possible conflicts at the outset or if they arise during the meeting.

Objective 4.4: Influence the culture and attitude to participation in sport and physical activity for all through strong leadership.

Sport Ireland Innovation Project – PACC: The Sport Ireland Innovation project, Physical Activity for People with Chronic Conditions (PACC), continued to make good progress in 2022 with the ongoing implementation of the three pilot projects.

Pilot Project 1: The adaptation and extension of the ExWell Service Delivery Model in Carlow

Pilot Project 2: Preparation for a research, consultation and framework-development process that will lead to the design of quality assured, multi-level, accredited training/Continuous Professional Development (CPD) packages for exercise professionals working with chronic conditions

Pilot Project 3: A formal engagement process, primarily involving Waterford Sports Partnership, the Waterford Social Prescriber Service and the HSE Waterford Chronic Disease Hub, designed to increase information-flow and service-linkage and thereby increase the access of individuals living well with chronic conditions to existing community-based, non-medically supervised physical activity programmes.

A Process Evaluation was completed in 2022. The Evaluation Report is available at www.waterfordsportspartnership.ie.

Objective 4.5: Develop and support a robust process to evaluate activities and gather evidence and research to support and guide our work.

Evaluation: During 2022 WSP actively contributed to the following Sport Ireland evaluations: Sport Ireland Active City Evaluation Process and Sport Ireland Innovation Project Evaluation Process.

WSP, as a member of the TUS Postdoc Menopause Lifestyle project working group, successfully applied in 2021 under the Sport Ireland Research Funding measure for funding to research the effects of menopause on physical activity. This research project got underway in 2022.

SECTION 4

Reflecting on 2022 & Plans for 2023



SECTION 4: REFLECTING ON 2022 & PLANS FOR 2023

Looking back at our plans for 2022...

The following are the priorities we set at the start of 2022 and an assessment of how we fared:

GOAL	2022 PLANS	OUTCOME
1	Supporting a Safe Return to Sport	Achieved: During 2022 we continued to carefully return to sport and as the year progressed and the final restrictions lifted, we focused on building confidence and encouraging those most affected by the pandemic, in particular older adults and people with a disability.
1	Focus on Low Participation Groups	Achieved: During 2022 participation levels increased to 8993 compared with 4165 in 2021. See Infograph on page 18.
2	Maximise the trend towards Physical Activity in the Outdoors	In progress: In 2022 we increased our focus on the promotion of outdoor opportunities including outdoor based trigger events such as HER Outdoors, Bike Week and National Walking Week. We also developed and promoted outdoor resources such as learn to cycle videos, outdoor gym how to videos and orienteering course maps.
2	Strengthen the WSP Tutor Team and Delivery Partners	In progress: WSP increased the number of WSP/club partnership programmes in 2022. This also enhanced the club pathway for WSP activities for sustained involvement in physical activity.
2	Achieve the CARA Xcessible Bronze Award	In progress: While we commenced working towards this in 2022, the Award process was put on hold temporarily during the year due to staff changes in CARA. We look forward to completing the process in 2023.
3	Communications Strategy	The development of a Communications Strategy was postponed until 2023 due to the decision to delay the WSP Strategy development.
3	Data Protection Gap Analysis	In Progress: In conjunction with a number of other LSPs, WSP appointed Privacy Engine to undertake a Data Protection Gap Analysis. We are currently working on the recommendations from that process.
3	Waterford City and County Development Plan	Achieved: We continued to engage with Waterford City & County Council in 2022 to shape the relevant aspects of the new plan.
4	Development of a new Strategic Plan for WSP	This was commenced in late 2022 and a Strategy Working Group was appointed by the Board. It was decided to postpone the process to await the launch of the Sport Ireland Strategy and until further information regarding the development of the Local Sports Plan would be available.
4	Gender Diversity for WSP Board	Achieved: During 2022, three new female Board members were appointed. We will continue to improve gender balance on the Board in 2023 to reach the minimum target of 40%.
4	Organisation Restructure and Recruitment	Achieved: In 2022, we continued to settle into the new structure with a focus on more effective and efficient planning and reporting, improved office accommodation and establishing clear roles and responsibilities.
4	Ongoing Compliance with the Governance Code for Sport	Achieved: Having achieved full compliance with the Governance Code for Sport in 2021, we continued to monitor its implementation and to commit to compliance with its requirements in 2022.
4	Strategic Alignment with Local Sports Plan	In progress: WSP and the lead partner Waterford City & County Council is awaiting a framework guidance document to be issued by Sport Ireland for reference in developing Local Sports Plans. Preliminary discussions have taken place with the Local Authority and this priority will remain on the agenda for 2023.
4	Building Strategic Partnerships and Strengthening Relationships	In progress: Our contribution to the creation of 'Well Waterford', a collaboration of organisations with an interest in Health & Well Being, worked to strengthen relationships with Waterford City & County Council, Healthy Waterford, Waterford Healthy Communities and other community organisations. WSP sits on the Strategic Well Waterford group and also on the local implementation team.

SECTION 4: REFLECTING ON 2022 & PLANS FOR 2023

Priorities for 2023

The key areas of focus for 2023 under each of our strategic goal areas are outlined as follows:

Goal 1 - Active People Many Opportunities, Many Places

To support the provision of a wide range of opportunities for people to participate in sport and physical activity in a variety of places.

Focus on Low Participation Groups: We will continue to have an ongoing commitment to establishing needs and supporting the target groups with lowest participation rates to address the gradients in sport. Sport Ireland Core and Dormant Accounts funding streams which support initiatives targeting low participation groups and disadvantaged communities will be actively pursued to support WSP in this area of work.

Promoting Physical Activity in the Outdoors: We will continue to maximise opportunities for physical activity in the outdoors with a particular focus this year on water-based activities by working with clubs and stakeholders to develop partnership and build capacity.

Support the implementation of the National Digital Database: We will support Sport Ireland and Waterford City and County Council in the process to collate data for the new national database of facilities which will provide up to date and relevant information on the space and places to be active in Ireland.

Community Sport Hub Evaluation: In consultation with the relevant clubs, partners and stakeholders, we will evaluate the Cappoquin, Lismore, Villierstown Community Sport Hub and capture the related impacts, outcomes and learnings with a view agreeing final priority actions and to informing any future hub development.

Goal 2 - Active Network Strengthening the Network, Connecting People.

To support and strengthen the capacity of the network of people and organisations who facilitate sport and physical activity in Waterford.

Strengthening the WSP Tutor and Delivery Partner Database

We will continue to strengthen and build the WSP Tutor and Delivery Partner Team. WSP will review and update an effective system for maintaining records of qualifications, Garda Vetting, Safeguarding, First Aid and Continuous Professional Development training. New agreements will be put in place and training will be provided in line with WSP policies and procedure requirements.

Achieving the CARA Xcessible Bronze Award

We have committed and is on the journey to achieving the CARA Xcessible Bronze Award, a programme which aims to support and empower LSPs and other organisations to provide positive and meaningful participation opportunities for people with disabilities. The WSP Sports Inclusion Disability Programme will continue to encourage and facilitate more people with disabilities to participate in sport and physical activity and develop sustainable clubs and programmes in all settings. Achieving the award is a focus of WSP for 2023.



Strengthening Relationships with NGBs and Sports Clubs

We recognise the importance and value of engaging with NGBs and sports clubs with a view to partnering on the delivery of projects and building capacity where needed. We plan to continue to pursue opportunities to strengthen relationships and support relevant NGBs and clubs in 2023.

Sports Club Support

We will engage with local sports clubs, NGB's and other relevant stakeholders to ascertain the training and education needs of sports club members and their volunteers, particularly in the post pandemic context. This will help inform our planning and that of key partners to offer a co-ordinated, relevant, and useful response.

SECTION 4: REFLECTING ON 2022 & PLANS FOR 2023

Goal 3 - Active Engagement Clear Messages, Effective Communication

To communicate clear and consistent messages and positively promote sport and physical activity opportunities.

Communications Strategy: A WSP Communications Strategy will be developed in 2023. This strategy will consider the evolution of various communication methods, platforms and approaches in recent years, increased communication demands on the WSP team and best practice approaches.

Data Protection Gap Analysis: The recommendation of the Data Protection Gap Analysis completed in 2022 will be fully implemented in 2023 to ensure GDPR compliance and to reduce risk in this area.

Data Management: In the context of changes in and additions to the WSP team over the last two years we plan to review WSP's data management processes and address the training needs of staff to support and maximise the efficiency and functionality of our system and processes.

Strengthening Strategic Partnerships and Relationships: We will continue to build on and develop key partnerships and relationships through initiatives of mutual benefit. Focused effort and collaboration at strategic and implementation levels to improve the health and well-being of the people of Waterford will support WSP to deliver on its objectives of increasing participation in sport and physical activity where there is greatest need.

Goal 4 – Active Management – Sufficient Resources, Good Governance

To lead and influence a culture of participation, good governance and competent operations

New Strategy Development: The current WSP strategic period ended in 2022. While we plan to develop WSP's next strategy in 2023, we await the launch of Sport Ireland's new strategy and ambition statement for the LSP network, and we will also be informed by the direction to be given later in 2023 regarding the development of Local Sports Plans.

Local Sports Plan: WSP will support and work closely with the lead partner Waterford City & County Council in their development of a Local Sports Plan for Waterford. We will take this opportunity to strengthen our working relationship with the Local Authority and to continue to develop our collaboration with regard to infrastructure development and usage initiatives.



Gender Diversity for WSP Board: The plan to bring gender representation on the WSP Board to a minimum of 40% by the end of 2023 in line with Sport Ireland requirements will be a key focus in 2023.

Staff Resourcing Opportunities: It is likely that additional resourcing opportunities from Sport Ireland may arise in 2023 and the WSP Board will consider and respond to any such opportunities in the context of WSP's overall plans for growth and development and for the effective support of WSP activities.

Safeguarding Policy and Procedure Review: We will perform a comprehensive review of WSP's policies and procedures in the area of Child Safeguarding and ensure we are operating with best practice and in line with statutory requirements.

Asset Management: We will review and update WSP's asset management system and processes to mitigate our asset risk exposure. Capital investment and joint capital projects with other funders are a significant and growing aspect of our activity at WSP.

Ongoing compliance with the Governance Code for Sport: Full compliance with the Governance Code for Sport was achieved by WSP in 2021. A priority action for the WSP Board of Directors will be to continue to ensure ongoing compliance with the code and assurance regarding this will be monitored on an ongoing basis.



SECTION 5

Waterford Sports Partnership CLG

Financial Statements

for year ended 31st December 2022

Key comments on the 2022 Financial Statements:

- Key movements in funding from previous years . . .
Income in 2022 was €799,736 (2021: €629,399), a 27% increase on 2021. This is a direct result of increased activity following the lifting of COVID restrictions during 2022.
- The funding secured by WSP in 2022, as detailed on page 40, represents the allocation of funding during 2022 which largely will be spent during 2022 and 2023. The Income in the Financial Statements represents the income relating to 2022 activities which was funded by 2022 or prior years' funding allocations. Notes 1 and 9 give further detail in this regard.
- WSP is mainly funded through the various grants and funds outlined in this report with less than 3% of income generated from programmes and events. Generated income increased to €23,157 from €13,525 in 2021 and broadly resulted in the 2022 surplus.
- As noted above, the lifting of restrictions in 2022 led to an increase in the number of programme and events offered by WSP. Expenditure on programme and development costs during the year was €230,278 an increase of 31% compared to €175,440 in 2021.
- There was a large increase in expenditure of Dormant Accounts funding, €125,124 compared to €68,659 in 2021. This was mainly influenced by the increase in activity in the new Active Cities and Innovation projects.
- There was a concerted effort in supporting clubs, schools and sports groups return to sport and activity during the year, with €42,680 issued in grants and supports.
- Administrative costs amounted to €546,618, an increase of 23% on 2021, and represented 70% of total expenditure. This compared with €445,677 in 2021, 72% of total expenditure.
- As can be seen from note 5, staff costs amounted to €502,695, an increase of 29% on 2021. This was due mainly to the following: 2022 was the first full year of salary costs for two new positions created in the latter half of 2021; maternity leave cover during 2022; salaries increased in line with public sector pay revisions issued by the Department of Housing, Local Government and Heritage.

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DIRECTORS AND OTHER INFORMATION

Board of Directors

Neil O'Sullivan
Mark Fitzgerald
Eoin Breathnach
Stephen Whelan
Pat Nugent
Terry Hayes
Austin Flavin
Joe Kelly
Michael O'Brien
Anne Hennessy
Sinéad Breathnach
Patricia Sheehan

Solicitor

Lanigan & Curran
Cross Bridge Street
Dungarvan
Co. Waterford

Secretary and Registered Office

Mark Fitzgerald
Civic Offices
Dungarvan
Co. Waterford

Bankers

Bank of Ireland
Grattan Square
Dungarvan
Co. Waterford

Statutory Auditors

JBW Accountants UC
Certified Public Accountants and Statutory Auditors
Dungarvan
Co. Waterford

Company Number

378713

GS Number

1674

STATEMENT OF DIRECTORS' RESPONSIBILITIES

Irish company law requires the directors to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. Under that law the directors have elected to prepare the financial statements in accordance with Irish Generally Accepted Accounting Practice (accounting standards issued by the Financial Reporting Council and Irish law). In preparing the financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and profit or loss of the company to be determined with reasonable accuracy, enable them to ensure that the statutory financial statements and directors report comply with the Companies Act 2014 and enable the statutory financial statements to be audited. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The company secretary is responsible for all company secretarial work. This includes recording minutes of all meetings, the Annual General Meeting and notice of these meetings, in the company register, the maintenance of all statutory records, including submission of the Annual Return to the Companies Registration Office, and ensuring that the company complies with all of the Companies Act, 2014.

The directors are responsible for the maintenance and integrity of the corporate and financial information included on the company's website. Legislation in Ireland governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Each of the directors is aware of no relevant audit information of which the company's statutory auditor is unaware and has taken the necessary steps to establish that the auditor is aware of all relevant audit information.

Disclosure of information to the auditors

So far as each person who was a director at the date of approving this report is aware, there is no relevant audit information, being information needed by the auditor in connection with preparing its report, of which the auditor is unaware. Having made enquiries of fellow directors and the company's auditor, each director has taken all the steps that he/she is obliged to take as a director in order to make himself/herself aware of any relevant audit information and to establish that the auditor is aware of that information.

On behalf of the board

Terry Hayes
Chairperson / Director

Mark Fitzgerald
Secretary / Director

Date: 31st March 2023

DIRECTORS' REPORT

The directors present herewith their report and the audited financial statements for the year ended 31 December 2022.

Incorporation

The company was incorporated as a company limited by guarantee and not having a share capital on 27th November 2003.

Principal Activities

The company was established to enhance opportunities to participate in sport and physical activity. The company provides a leadership role for the co-ordination, development and delivery of sport and physical activity opportunities in Waterford City and County within the framework of our strategic plan and the resources available. Our work includes the provision of information on sport and physical activity, the facilitation of education and training opportunities and supporting the development and implementation of programmes and events that encourage greater participation by all of society.

The main sources of financial assistance received by the company to assist in delivering services to support these objectives are from:-

- Sport Ireland, Sponsoring body – Dept. of Tourism, Culture, Arts, Gaeltacht, Sports and Media (DTCAGSM)
- Dormant Accounts via Sport Ireland
- Health Service Executive (HSE)
- HSE – National Lottery Funding
- Dept. of Children, Equality, Disability, Integration & Youth (DCEDIY) Via WWETB
- Go For Life
- Waterford City & County Council
- Dept. of Tourism, Culture, Arts, Gaeltacht, Sports and Media (DTCAGSM)
- Department of Justice

Review of the business and future developments

The Directors acknowledge the result for the year and consider it to be in line with expectations. The company will continue to promote, encourage and support participation in sport and physical activity in Waterford City and County. We will continue to work in collaboration with local agencies, partners and stakeholders in achieving our strategic objectives. We will continue to engage with those already working in harder to reach areas of our community to ensure that structures are in place to enable participation for all community members in a wide range of activities. The Directors are confident that the company will match its expenditure costs with appropriate income streams in the next financial year and that the company can continue to operate successfully for the foreseeable future.

Results for the year and state of affairs as at 31 December 2022

The income and expenditure account for the year and the balance sheet as at 31 December 2022 are set out on pages 11 and 12. The surplus on ordinary activities before taxation amounted to €22,871. After deducting taxation of €10 an amount of €22,861 has been retained by the company.

Directors

The directors are appointed to the board as nominees of representative organisations and public bodies as laid down in the Constitution and remain as directors until that nomination is rescinded. The board may also co-opt up to three other directors whose term of office is one year, which may be renewed on a year by year basis thereafter by the board. The directors of the company during the year ended 31 December 2022, all of whom were directors of the company for the year unless otherwise stated, were:-

Neil O'Sullivan, Eoin Breathnach, Mark Fitzgerald, Stephen Whelan, Pat Nugent, Terry Hayes, Austin Flavin, Joe Kelly, Michael O'Brien, Seán Rohan (appointed 07/04/22 and resigned 25/11/22), Anne Hennessy (appointed 07/04/22), Sinéad Breathnach (appointed 07/04/22) and Patricia Sheehan (appointed 07/04/22).

Ultimate controlling party

The ultimate controlling party of the company are the member directors. The company keeps the Register of Beneficial Ownership up to date.

DIRECTORS' REPORT *continued*

Governance

The company was incorporated, under Irish Company Law, as a company limited by guarantee and not having a share capital, on 27th November 2003. The liability of the members is limited, subject to an undertaking by each member to contribute to the net assets or liabilities of the company on winding up, such amounts as may be required, not exceeding €1 each. The company was established under a Memorandum of Association (amended under Special Resolution dated 28th November 2014) which established the objects and powers of the company and is governed under the Articles of Association and managed by a board of directors.

The Company has a staff team based in Dungarvan and Waterford and is headed by a manager who reports directly to the board through the Chairperson. Decisions reserved for the board to make include:

- The Company's strategic plans and annual operating budgets;
- Projects outside the scope of the strategic plan;
- Litigation;
- Appointment / Removal of Auditors;
- Approval of Borrowing / Finance Facilities;
- Approval of Contracts with term exceeding one year or any financial liability on the Company;
- Annual Review of Risk and Internal Controls; and
- Approval of new staff positions.

Although the board of directors is ultimately responsible for the Company and for the above list, certain duties and responsibilities are delegated from the Board of Directors to the manager and through her to the staff team. This includes; leading and managing the Company's staff members, programmes, projects, and all other administrative aspects, so that the Company's ongoing mission, vision, and strategies are fulfilled within the context of the Company's values as approved by the Board of Directors. The manager and the Chairman are responsible for preparing materials for Board consideration and for preparing materials for any strategic planning process. The Board has approved the Governance Code for Sport, which was fully implemented by 31 December 2021.

Directors' liabilities

The company has granted an indemnity to one or more of its directors against liability in respect of proceedings brought by third parties, subject to the conditions set out in the Companies Act, 2014. Such qualifying third party indemnity provision remains in force as at the date of approving the directors' report. No claims have been made under this indemnity during the year.

Reserves Policy

The Board of the Company has set a reserves policy which requires:

- Reserves be maintained at a level which ensures that the Company's core activities could continue during a period of unforeseen difficulty.
- A proportion of reserves be maintained in a readily realisable form.

This takes into account:

- Risks associated with income and expenditure being different from that budgeted
- Planned activity level and potential opportunities
- The organisation's contractual commitments
- The cost associated with potentially having to make staff redundant in an emergency situation

The calculation of the required level of reserves is an integral part of the organisation's annual planning, budget and forecast cycle. The level of reserves is kept under constant review through ongoing financial reporting and production of annual audited accounts. As of the most recent review in 2022, the directors have determined that, based on the above analysis, the total sum of reserves that the organisation should carry on an ongoing basis should be of the order of €134,094 - being equivalent to three months operating overheads and contingencies for payroll and wind up costs. The unrestricted reserves held by the company at 31st December 2022 were €158,218 (2021: €135,357).

The directors have examined the company's requirement to maintain an appropriate level of reserves in light of the main risks to the organisation and have reviewed its policy to generate unrestricted funds not committed or invested in specific programmes/initiatives, chiefly by way of maximising other income. The company has received unrestricted income from participant course fees during the year. The directors continue to consider other activities / programmes that may contribute to the company's reserve.

DIRECTORS' REPORT *continued*

Proper Books and Records

To ensure that proper books and accounting records are kept in accordance with Sections 281 to 285 of the Companies Act, 2014, appropriately experienced personnel maintain the accounting records on a computerised accounting system. The books are located at The Civic Offices, Dungarvan, Co. Waterford.

Principal Risks and Uncertainties

The directors confirm that there is an ongoing process for identifying, evaluating and managing the significant risks faced by the company and that there has been in place for the year under review and up to the date of approval of these financial statements. The principal risks and uncertainties identified by the Board are as follows:

Programme Funding Risks

Waterford Sports Partnership CLG is reliant on funding from the socio-economic schemes and would find it difficult to continue in existence in the event of this funding being withdrawn. The contracts under which the company secures the principal sources of funding are renewed as follows:-

SOURCE	SCHEME	FREQUENCY
Sport Ireland – Sponsoring body: Dept. of Tourism, Culture, Arts, Gaeltacht, Sports & Media	Local Sports Partnership	Annual
Sport Ireland	Dormant Accounts	Annual
Health Service Executive	National Lottery / South East Grant	Annual
Dept. of Children, Equality, Disability, Integration & Youth Via WWETB	UBU Your Place Your Space Scheme	Annual
Age & Opportunity	Go For Life National Grant Scheme	Annual
Department of Tourism, Culture, Arts, Gaeltacht, Sports & Media	Sports Capital Programme	2021
Waterford City & County Council	Various	Annual
Healthy Ireland Fund via Waterford City & County Council	Core	2019/2021

On the basis of existing contracts in place with the respective bodies, the directors are hopeful of securing funding in the coming years. However, there is no certainty regarding how government policy will impact on the future administration of some schemes detailed above. A change in government policy may adversely affect the ability of the company to plan and resource its work. In particular reduced Programme Funding or match funding from Partner organisations would negatively impact on the Board's strategic plan. The board of directors are aware of these issues and continue to monitor and assess the impact of any changes. The ongoing scale of operations of the company is dependent on existing contracts being renewed at similar funding levels.

Asset Management Risks

The board is aware of the need to safeguard the assets of the company and to put in place a robust internal control environment over assets and sports equipment owned by the company. The company maintains an up-to-date fixed asset register and undertakes an audit of same on an annual basis. The company is in the process of implementing an asset tagging system to further enhance the control measures in place.

Staff Skills & Safeguarding Risks

The company operates in an environment that requires skilled staff. There is an ongoing need to monitor staff performance and to put appropriate training plans in place. The protection of children and vulnerable persons is a key matter for the company. Sourcing skilled staff is becoming more challenging as staff mobility increases. Management continues to monitor the skills needs of the company and have in place the appropriate safeguarding and health & safety policies to mitigate any risks arising.

Cyber Security & Data Protection Risks

The company is dependent on robust information technology systems and infrastructure for most of its data recording and management reporting and partially in its delivery of services. An adverse event could result in significant reputational damage and a potential resultant loss in funding. Policies are in place for the protection of both business and personal data, as well as in the use of IT systems and applications by company staff. Regular monitoring of compliance and appropriate contracts with IT services providers are in place to mitigate these risks.

DIRECTORS' REPORT *continued*

Political Contributions

The company did not make any disclosable political donations or contributions in the current year.

Research & Development

The company did not engage in any research and development activity during the year.

Related Party Transactions

The company did not enter into any transactions in which the directors had a beneficial interest during the year.

Post Balance Sheet Events

No events have occurred subsequent to the Balance Sheet date, which require disclosure in the financial statements except as disclosed at note 17 hereto.

Going Concern

In the opinion of the directors, the company has sufficient financial resources together with medium-term contracts with a number of grant bodies across different activities, and as a consequence, they believe that the company is well placed to manage its business risks successfully despite the current economic uncertainties. After making enquiries, the directors have a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future. In reaching this conclusion the directors have had due regard to the available cash reserves and cash generation from operations which taken together provide confidence that the company will be able to meet its obligations as they fall due.

Statutory Auditors

The auditor, JBW Accountants UC, have expressed their willingness to continue in office in accordance with the provisions of Sections 380 to 385 of the Companies Act, 2014.

On behalf of the board

Terry Hayes
Chairperson / Director

Mark Fitzgerald
Secretary / Director

Date: 31st March 2023

INDEPENDENT AUDITORS' REPORT to the members of Waterford Sports Partnership CLG



JBW Accountants UC **Certified Public Accountants** **& Statutory Auditors**

3, Church Street,
Dungarvan,
Co. Waterford

Tel. (058) 45878 / 45879
Fax. (058) 48435

We have audited the financial statements of Waterford Sports Partnership CLG for the year ended 31 December 2022 on pages 11 to 21, which comprise the Income & Expenditure Account, the Balance Sheet, the Statement of Changes in Equity, the Statement of Cash Flows and the related notes to the financial statements, including the summary of significant accounting policies. The financial reporting framework that has been applied in the preparation of the financial statements is Irish law and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland issued in the United Kingdom by the Financial Reporting Council".

In our opinion, the financial statements:

- give a true and fair view, in accordance with Generally Accepted Accounting Practice in Ireland, of the assets, liabilities and financial position of the company as at 31 December 2022 and of its financial performance for the financial year then ended; and
- have been properly prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"; and
- have been properly prepared in accordance with the requirements of the Companies Act, 2014.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (Ireland) [ISA's (Ireland)] and applicable law. Our responsibilities under those standards are further described in the 'responsibilities of the auditor for the audit of the financial statements' section of our report. We are independent of the company in accordance with the ethical requirements that are relevant to our audit of the financial statements in Ireland, including the Ethical Standard issued by the Irish Auditing and Accounting Supervisory Authority (IAASA) concerning the integrity, objectivity and independence of the auditor, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the Company's ability to continue as a going concern for a period of at least twelve months from the date when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

Other information

The directors are responsible for the other information in the annual report. Other information comprises information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies in the financial statements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

INDEPENDENT AUDITORS' REPORT *continued*



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Opinions on other matters prescribed by the Companies Act 2014

Based solely on the work undertaken in the course of our audit, we report that:

- We have obtained all the information and explanations which we consider necessary for the purposes of our audit.
- In our opinion the accounting records of the company were sufficient to permit the financial statements to be readily and properly audited.
- In our opinion the financial statements are in agreement with the accounting records.
- In our opinion the information given in the directors' report is consistent with the financial statements.
- In our opinion, the directors' report has been prepared in accordance with the requirements of the Companies Act 2014.

Matters on which we are required to report by exception

Based on our knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report. Under the Companies Act 2014 we are required to report to you if, in our opinion, the disclosures of directors' remuneration and transactions specified by sections 305 to 312 of the Act have not been made. We have no exceptions to report arising from this responsibility.

Responsibilities of directors for the financial statements

As explained more fully in the directors' responsibilities statement set out on page 3, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the company or to cease operations, or has no realistic alternative but to do so. Those charged with governance are responsible for overseeing the company's financial reporting process.

Responsibilities of the auditor for the audit of the financial statements

The auditor's objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes their opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISA's (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with ISA's (Ireland), the auditor will exercise professional judgment and maintain professional scepticism throughout the audit. The auditor will also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for their opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the company's internal control.

INDEPENDENT AUDITORS' REPORT *continued*



JBW Accountants UC **Certified Public Accountants** **& Statutory Auditors**

3, Church Street,
Dungarvan,
Co. Waterford

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- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.
- Conclude on the appropriateness of the director's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the company's ability to continue as a going concern. If they conclude that a material uncertainty exists, they are required to draw attention in the auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify their opinion. Their conclusions are based on the audit evidence obtained up to the date of the auditor's report. However, future events or conditions may cause the company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation. The auditor communicates with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that may be identified during the audit.
- Comply with the Auditing Practices Board's [APB's] Ethical Standards for Auditors, including the circumstances set out in note 11 to the financial statements

The purpose of our audit work and to whom we owe our responsibilities

This report is made solely to the company's members, as a body, in accordance with section 391 of the Companies Act, 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

John B. White, FCPA

For and on behalf of:

JBW Accountants UC
Certified Public Accountants and Statutory Audit Firm
Dungarvan
Co. Waterford

Date: 31st March 2023

INCOME & EXPENDITURE ACCOUNT & STATEMENT OF COMPREHENSIVE INCOME

	Notes	Year ended 31 December 2022 €	Year ended 31 December 2021 €
Income	1	799,736	629,399
Expenditure			
Programme & Development Costs		(230,278)	(175,440)
Administrative Expenses		(546,618)	(445,677)
Operating surplus	2	22,840	8,282
Interest receivable	3	31	-
Interest payable and similar charges		(-)	(-)
Surplus on ordinary activities before taxation		22,871	8,282
Tax on surplus on ordinary activities	4	(10)	(-)
Surplus retained for the year		22,861	8,282

All activities are considered to be continuing.

The surplus for the year was transferred to the Balance Sheet, retained reserves.

STATEMENT OF COMPREHENSIVE INCOME
Year Ended 31 December 2022

There were no recognised gains or losses for the years ended 31 December 2021 and 31 December 2022 other than those included in the Income and Expenditure Account above.

BALANCE SHEET & STATEMENT OF CHANGES IN EQUITY

	Notes	31/12/2022 €	31/12/2021 €
Fixed assets			
Tangible assets	6	78,280	71,405
Current assets			
Debtors	7	166,166	66,222
Bank		1,029,869	1,063,101
		<u>1,196,035</u>	<u>1,129,323</u>
Creditors			
Amounts falling due within one year	8	<u>(1,037,721)</u>	<u>(993,966)</u>
Net current assets		<u>158,314</u>	<u>135,357</u>
Total assets less current liabilities		236,594	206,762
Capital Grants	18	<u>(78,376)</u>	<u>(71,405)</u>
Net Assets		<u>158,218</u>	<u>135,357</u>
Capital and reserves			
Retained Reserves	12	(44,899)	(67,760)
Other Reserves	13	203,117	203,117
		<u>158,218</u>	<u>135,357</u>

STATEMENT OF CHANGES IN EQUITY

	Capital Reserve €	Retained Earnings €	Total €
At 31 December 2020	203,117	(76,042)	127,075
Surplus for the year ended 31 December 2021	-	8,282	8,282
At 31 December 2021	<u>203,117</u>	<u>(67,760)</u>	<u>135,357</u>
Surplus for the year ended 31 December 2022	-	22,861	22,861
At 31 December 2022	<u>203,117</u>	<u>(44,899)</u>	<u>158,218</u>

On behalf of the board

Terry Hayes
Chairperson / DirectorMark Fitzgerald
Secretary / DirectorDate: 31st March 2023

The Notes on pages 64 to 68 form part of these Financial Statements

STATEMENT OF CASH FLOWS

	Notes	2022 €	2021 €
Cash flows from operating activities			
Operating surplus		22,840	8,282
Depreciation charge		28,495	21,747
Amortisation		(28,399)	(21,751)
(Increase) / Decrease in debtors		(99,944)	5,765
Increase in creditors		43,755	136,637
Cash generated from operations		(33,253)	150,680
Corporation tax (paid)		(10)	(-)
Net cash generated from operating activities		(33,263)	150,680
Cash flows from investing activities:			
Interest received		31	-
Payments to acquire tangible fixed assets		(35,370)	(33,378)
Net cash generated from investing activities		(35,339)	(33,378)
Cash flows from financing activities			
Capital Grants Received		35,370	33,377
New Short Term loan (repaid) / drawdown		-	-
Net cash generated from financing activities		35,370	33,377
Net (decrease) / increase in cash and cash equivalents		(33,232)	150,679
Opening cash and cash equivalents		1,063,101	912,422
Cash and cash equivalents at 31 December	15	1,029,869	1,063,101

The Notes on pages 64 to 68 form part of these Financial Statements

SIGNIFICANT ACCOUNTING POLICIES

Statement of compliance

The financial statements have been prepared on the going concern basis and in accordance with Irish statute, comprising the Companies Act, 2014, and comply with the Financial Reporting Standard applicable in the Republic of Ireland (FRS 102). Accounting standards generally accepted in Ireland in preparing financial statements giving a true and fair view are those promulgated by the Institute of Certified Public Accountants in Ireland and issued by the Financial Reporting Council.

Basis of preparation

The financial statements have been prepared under the historical cost convention. Historical cost is generally based on the fair value of the consideration given in exchange for assets and comply with the Financial Reporting Standards of the Accounting Standards Board (FRS102), except for the company invoking the true and fair view override with regard to the exceptions as detailed hereunder. The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

Exceptions, as permitted by Section 3.4 of FRS102 and Section 291(5) of the Companies Act 2014

In order for the financial statements to show a true and fair view the directors have determined the following format changes to be appropriate:

Income and Expenditure Account - the profit and loss format be renamed to an Income & Expenditure account detailing the income and expenditure by nature. As the company is a company limited by guarantee the capital and reserves section of the balance sheet has been adapted accordingly.

General Information

The company is a company limited by guarantee and not having a share capital and is incorporated in the Republic of Ireland. The financial statements are presented in Euro, which is the functional currency of the company. The registered office is shown in the Directors and Other Information page. The principal activity of the company is disclosed in the Directors' Report.

Income

Funding Received – Restricted

Funds received from various funding agencies are credited to the Funding – Restricted Account in the year of receipt. Where funds received have not been distributed to Projects or allocated to administrative expenses they are included under creditors in the balance sheet as deferred income.

Funding Received – Unrestricted

Unrestricted funds represent amounts which are expendable at the discretion of the directors in furtherance of the objectives of the company and which have not been designated for other purposes. Such funds may be held in order to finance working capital, capital expenditure or creation of Reserves under its Reserves Policy.

Expenditure

Projects - Expenditure is recognised when payment is made to the project promoters following receipt of funding from the funding agency.

Administrative Costs – Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes Value Added Tax (VAT) which cannot be recovered and is reported as part of expenditure to which it relates.

Tangible assets

Tangible assets are shown at cost or valuation less accumulated depreciation and accumulated impairment losses. Such cost includes costs directly attributable to making the asset capable of operating as intended. Depreciation is calculated with reference to the above value to write off the asset over their expected useful lives on a straight line basis at the following annual rates:-

	Rate
Fixtures, Fittings & Equipment	15% SL
Computers	33.3% SL
Sports Equipment	20% SL

Debtors

Known bad debts are written off and specific provision is made for any material amounts, the collection of which is considered doubtful.

SIGNIFICANT ACCOUNTING POLICIES *continued*

Taxation

The company has exemption under Section 235 TCA '97 from corporation tax on operating income.

Trade and other debtors

Trade and other debtors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest method less impairment losses for bad and doubtful debts except where the effect of discounting would be immaterial. In such cases the receivables are stated at cost less impairment losses for bad and doubtful debts.

Grants

Government grants are recognised when it is reasonable to expect that the grants will be received and that all related conditions will be met, usually on submission of a valid claim for payment. Government grants in respect of capital expenditure are credited to a deferred income account and are released to profit over the expected useful lives of the relevant assets by equal annual instalments. Grants of a revenue nature are credited to income so as to match them with the expenditure to which they relate.

Pensions

The company operates a defined contribution scheme. The assets of the scheme are held separately from those of the company in an independently administered fund. The charge to the profit and loss account represents contributions payable by the company to the fund.

Trade and other creditors

Trade and other creditors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest method, unless the effect of discounting would be immaterial, in which case they are stated as cost.

Provisions

Provisions are recognised when the company has a present legal or constructive obligation arising as a result of a past event and it is probable that an outflow of economic benefits will be required to settle the obligation and a reliable estimate can be made. Provisions are measured at the present value of the expenditures expected to be required to settle the obligation using a pre-tax rate that reflects current market assessments of the same value of money and the risks specific to the obligation. The increase in the provision due to the passage of time is recognised as an interest expense.

Revenue recognition

Revenue is recognised to the extent that the company obtains the right to consideration in exchange for its performance. Revenue is measured at the fair value of the consideration received, excluding discounts and rebates. The following criteria must also be met before revenue is recognised:

Sale of goods

Revenue from the sale of goods is recognised when the significant risks and rewards of ownership of the goods have passed to the buyer, usually on dispatch of the goods, the amount of revenue can be measured reliably, it is probable that the economic benefits associated with the transaction will flow to the entity and the costs incurred or to be incurred in respect of the transaction can be measured reliably.

Rendering of services

Revenue from the rendering of services is recognised by reference to the stage of completion. Stage of completion is measured by reference to labour hours incurred to date as a percentage of total estimated labour hours for each contract. Where the contract outcome cannot be measured reliably, revenue is recognised only to the extent of the expenses recognised that are recoverable.

Interest income

Revenue is recognised as interest accrues using the effective interest method.

Dividends

Revenue is recognised when the company's right to receive payment is established.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported for assets and liabilities as at the balance sheet date and the amounts reported for revenues and expenses during the year. However, the nature of estimation means that actual outcomes could differ from those estimates. The estimates and assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or the period of the revision and future periods if the revision affects both current and future periods.

SIGNIFICANT ACCOUNTING POLICIES *continued*

Judgements and key sources of estimation uncertainty - continued

The following judgements (apart from those involving estimates) have had the most significant effect on amounts recognised in the financial statements:-

Accruals - accrual for costs incurred at the year-end date for which invoices had not been received at the time of approval of these financial statements are provided based on management's best estimate of the cost arising.

Long-lived assets useful lives – the annual depreciation charge depends primarily on the estimated lives of each type of asset class and their estimated residual values. The directors review these assumptions in light of prospective economic utilisation and physical condition for each asset. Changes in the assumptions can have a significant impact on depreciation and amortisation charges for a period.

Impairment of assets

Assets that are subject to amortisation and depreciation are reviewed for impairment whenever events or changes in circumstances indicate that the carrying amount may not be recoverable. An impairment loss is recognised for the amount by which the asset's carrying amount exceeds its recoverable amount. The recoverable amount is the higher of (a) an asset's fair value, less costs to sell, and (b) its value in use. For the purposes of assessing impairment, assets are grouped at the lowest level for which there is separately identifiable cash flows.

Related parties

For the purposes of these financial statements a party is considered to be related to the company if:-

- The party has the ability, directly or indirectly, through one or more intermediaries to control the company or exercise significant influence over the company in making financial or operating decisions;
 - The company and the party are subject to common control;
- The party is a member of key management personnel of the company or a close family member of such an individual or is an entity under the control, joint control, or significant influence of such individuals. A close family member of an individual are those family members who may be expected to influence, or be influenced by, that individual in their dealings with the company.

Financial Instruments

The company only enters into basic financial instrument transactions that result in the recognition of financial assets and liabilities like trade and other debtors and creditors, loans from banks and third parties, loans to related parties and investments in non-puttable ordinary shares.

Financial assets that are measured at cost and amortised cost are assessed at the end of each financial reporting period for evidence of impairment. If objective evidence of impairment is found, an impairment loss is recognised in the Profit & Loss Account.

NOTES TO THE FINANCIAL STATEMENTS

1	Income	31 December 2022 €	31 December 2021 €
	Sport Ireland LSP Grants	473,816	377,811
	Sport Ireland Dormant Accounts Funding	125,124	68,659
	Local Government Funding	91,808	99,611
	Other Receipts	108,988	83,318
		<u>799,736</u>	<u>629,399</u>
The sponsoring body for Sport Ireland funding is the Dept. of Tourism, Culture, Arts, Gaeltacht, Sports & Media and Dormant Account funding.			
2	Operating surplus	Year ended 31 December 2022 €	Year ended 31 December 2021 €
	Operating surplus is stated after charging / (crediting):		
	(i) Directors' remuneration	<u>-</u>	<u>-</u>
	(ii) Depreciation	<u>28,495</u>	<u>21,747</u>
	(iii) Amortisation of capital grants	<u>(28,399)</u>	<u>(21,751)</u>
3	Interest receivable	Year ended 31 December 2022 €	Year ended 31 December 2021 €
	Deposit interest received & receivable	31	-
	Other investment income	<u>-</u>	<u>-</u>
		<u>31</u>	<u>-</u>
4	Taxation	Year ended 31 December 2022 €	Year ended 31 December 2021 €
	Deposit Interest Retention Tax (DIRT)	10	-
	Corporation tax	<u>-</u>	<u>-</u>
		<u>10</u>	<u>-</u>

Under Section 235 of the Taxes Consolidation Act 1997, the income of the company is exempt from corporation tax. The company is not exempt from DIRT taxes.

NOTES TO THE FINANCIAL STATEMENTS *continued*

5 Employees and remuneration

The average number of persons contracted by the company during the financial year was as follows:

	Year ended 31 December 2022	Year ended 31 December 2021
Management	2	1
Administration / Sports Development Officers	8	7
	<u>10</u>	<u>8</u>

	Year ended 31 December 2022	Year ended 31 December 2021
The employee costs comprise of:	€	€
Wages and salaries	432,106	334,297
Social Welfare	46,939	36,516
Social Welfare Receipts	(208)	(3,553)
Staff Pension Costs (see note 16)	23,424	22,951
	<u>502,261</u>	<u>390,211</u>

6 Tangible fixed assets	Sports Equipment	Fixtures, Fittings & Equipment	Computers	Total
	€	€	€	€
Cost				
At 31 December 2021	112,182	42,113	22,248	176,543
Additions	24,349	9,531	1,490	35,370
Disposals	-	-	(8,389)	(8,389)
At 31 December 2022	<u>136,531</u>	<u>51,644</u>	<u>15,349</u>	<u>203,524</u>
Depreciation				
At 31 December 2021	65,798	23,753	15,587	105,138
Charge for year	19,748	5,557	3,190	28,495
Disposals	-	-	(8,389)	(8,389)
At 31 December 2022	<u>85,546</u>	<u>29,310</u>	<u>10,388</u>	<u>125,244</u>
Net book amounts				
At 31 December 2021	<u>46,384</u>	<u>18,360</u>	<u>6,661</u>	<u>71,405</u>
Net book amounts				
At 31 December 2022	<u>50,985</u>	<u>22,334</u>	<u>4,961</u>	<u>78,280</u>

7 Debtors	31 December 2022	31 December 2021
	€	€
Amounts falling due within one year		
Other Debtors & Grants Receivable	166,166	66,222
	<u>166,166</u>	<u>66,222</u>

NOTES TO THE FINANCIAL STATEMENTS *continued*

8 Creditors	31 December 2022 €	31 December 2021 €
Amounts falling due within one year		
Other Creditors	23,604	134,983
Accruals	45,190	33,945
PAYE/PRSI	29,311	-
VISA	834	-
Deferred income (see note 9)	938,782	825,038
	<u>1,037,721</u>	<u>993,966</u>

9 Deferred Income	31 December 2022 €	31 December 2021 as restated €
SI Challenge Fund	37,870	33,510
SI Her Outdoors	458	-
SI Women in Sport	7,901	13,706
SI Core Funding	122,110	122,081
SI Covid Supports	106,853	79,971
SI Research	8,443	15,000
SI Beat the Street	413	414
SI Dormant Accounts – Community Hub	31,810	34,926
SI Dormant Accounts – Sport/ Youth Leader	12,571	13,441
SI Dormant Accounts – Community Coaching	4	448
SI Dormant Accounts – Urban Adventure	41,116	36,343
SI Dormant Accounts – Rural Hub	69,181	69,070
SI Dormant Accounts – Volunteer Training & Support	26,641	24,511
SI Dormant Accounts – SIDO Capital Supports	29,000	29,000
SI Dormant Accounts – Other	22,171	-
SI Dormant Accounts – Innovation	164,342	85,183
SI Dormant Accounts – Active Cities	160,159	149,612
Partner Funding	88,259	107,692
Go For Life	1,532	3,260
DCEDIY – ICT Grant	348	348
DCEDIY (UBU Y.P.Y.S.)	5,444	6,522
	<u>938,782</u>	<u>825,038</u>

10 Limited by guarantee and not having a share capital

The company is limited by guarantee and does not have a share capital. Under the Memorandum of Association of the Company, all income and property of the company shall be applied solely towards the promotion of the objects of the Company. The liability of the members is limited to an amount not exceeding €1 each.

11 APB Ethical Standards – Provisions Available to Smaller Entities

In common with many other businesses of our size and nature we use our statutory auditors to assist with the preparation of the financial statements.

NOTES TO THE FINANCIAL STATEMENTS *continued*

12 Accumulated Deficit	Year ended 31 Dec. 2022	Year ended 31 Dec. 2021
	€	€
Opening Balance	(67,760)	(76,042)
Surplus Retained for the year	22,861	8,282
Closing Balance	(44,899)	(67,760)

13 Other Reserves	Year ended 31 Dec. 2022	Year ended 31 Dec. 2021
	€	€
Opening balance	203,117	203,117
Movement during the year	-	-
Closing balance	203,117	203,117

This reserve represents the surplus arising on the acquisition of the assets and liabilities of the unincorporated entity at 27 November 2003.

14 Reconciliation of net cash flow to movement in net funds	2022	2021
	€	€
(Decrease) / Increase in cash during the year	(33,232)	150,679
(Increase) / Decrease in term loans	-	-
Movement in net funds	(33,232)	150,679
Opening net funds	1,063,101	912,422
Net funds at 31 December	1,029,869	1,063,101

15 Analysis of changes in net funds	31 December 2021	Cash flows	Other Changes	31 December 2022
	€	€	€	€
Cash in hand and at bank	1,063,101	(33,232)	-	1,029,869
Net funds	1,063,101	(33,232)	-	1,029,869

16 Pension Costs

When one year's service is completed, Waterford Sports Partnership CLG make pension contributions to a defined contribution scheme at the rate of 7.5% of gross salary on behalf of each employee for the full term of employment, should funding resources allow. Pension costs amounted to €23,424 (2021: €22,951) during the year.

17 Contingent Liabilities

Funds received or receivable from funding agencies could be repayable if certain circumstances set out in the grant agreements occur. Under agreements between the Company and government funding agencies, various restrictions have been placed on the distribution of funds and non-compliance with the terms of agreements may result in the reimbursement to or withholding of funds by the various agencies.

The company is listed as a co-defendant in a High Court action arising from an incident alleged to have occurred in 2017. The matter is listed for hearing on 25th April 2023. No provisions have been made in these financial statements as the litigation is at an early stage and consequentially an estimate of a reasonable possible loss cannot be made.

Bank of Ireland holds an unspecified guarantee from the company in the amount of €40,000 dated 30/02/2013.

NOTES TO THE FINANCIAL STATEMENTS *continued*

18 Capital Grants	Year ended 31 Dec. 2022	Year ended 31 Dec. 2021
	€	€
Opening Balance	71,405	59,779
Received during the year – Sport Ireland, Dormant Accounts	23,230	1,249
Received during the year – Sport Ireland, LSP	2,403	27,126
Received during the year – Department of Children, Equality, Disability, Integration & Youth, Capital Programme	214	-
Received during the year – Waterford City & County Council, Healthy Ireland Programme	9,523	3,600
Received during the year – WWETB ICT Investment	-	1,402
Amortised to the Profit & Loss Account	(28,399)	(21,751)
Closing Balance	78,376	71,405

The sponsoring body for Sport Ireland funding is the Dept. of Tourism, Culture, Arts, Gaeltacht, Sports & Media and Dormant Account funding.

Grants are recognised at their fair value where there is a reasonable assurance that the grant will be received and the company will comply with all attached conditions. Capital grants are treated as deferred credits and are credited to the profit and loss account on the same basis as the related tangible assets are depreciated. The directors confirm that all grants receivable were expended for the purposes for which they were intended.

19 Approval of financial statements

The financial statements were approved by the board of directors on 31st March 2023.

APPENDICES

APPENDIX 1 - Board Meeting Attendance

Board Meeting Attendance		No. of years on Board at 31/12/2022	NAME	RESIGNED	Board Meeting	ZOOM	Board Meeting	Board Meeting & AGM	Board Meeting	Board Meeting	Board Meeting	Board Meeting	Board & Staff Workshop	TOTAL	Specific Role/Committee Membership
ORGANISATION															
Co-opted Member	Mark Fitzgerald	6.55			1	1	1	1	x	1	1	1	1	7	Company Secretary / Member of Finance, Audit
Co-opted Member	Neil O'Sullivan	6.91			1	1	1	1	1	1	1	1	1	8	Company Treasurer / Member of Finance, Audit
Health Service Executive	Anne Hennessy	0.73			n/a	n/a	1	1	x	1	1	1	x	4	
South East Technological University	Patricia Sheehan	0.73			n/a	n/a	1	1	x	1	x	x	1	3	Chairperson Safeguarding Committee
Waterford PPN - Community	Terry Hayes	3.09			1	1	1	1	1	1	1	x	1	7	WSP Chairperson, Member of Finance, Audit & Risk Committee and Safeguarding Committee
Waterford PPN - Disability	Seán Rohan	0.58	04/11/2022		n/a	n/a	1	1	1	1	1	1	n/a	5	
Waterford PPN - Youth	Eoin Breathnach	6.72			1	1	1	1	1	1	1	1	1	8	Member of Safeguarding Committee
Waterford Area Partnership	Stephen Whelan	3.77			1	1	1	x	1	1	1	x	x	5	Member of Safeguarding Committee
Waterford City & County Council - CEO Nominee	Sinéad Breathnach	0.73			n/a	n/a	1	1	1	1	x	1	1	5	Member of Finance, Audit & Risk Committee
Waterford City & County Council - Elected Member	Joe Kelly	2.75			x	x	x	x	x	x	x	x	x	0	
Waterford City & County Council - Elected Member	Pat Nugent	3.57			1	1	x	x	x	1	1	1	x	5	
Waterford Leader Partnership	Austin Flavin	2.27			1	1	1	1	1	1	1	1	1	7	Chairperson of Finance, Audit & Risk Committee
Waterford & Wexford Education & Training Board	Michael O'Brien	2.57			x	1	1	x	1	1	x	1	1	5	
					7	8	9	8	12	9	8	8	8		

APPENDIX 2 - Finance, Audit & Risk Committee Attendance

Finance, Audit & Risk Committee Attendance

ORGANISATION	NAME	DATE APPOINTED TO COMMITTEE	RESIGNED	NO. OF YEARS ON COMMITTEE	20/01/2022	29/03/2022	25/05/2022	06/09/2022	20/09/2022	24/10/2022	22/11/2022	TOTAL	SPECIFIC ROLE/ COMMITTEE MEMBERSHIP
Co-opted Member	Mark Fitzgerald	28/04/2017		5.68	1	1	1	x	x	x	1	4	Company Secretary / Member of Finance, Audit & Risk Committee
Co-opted Member	Neil O'Sullivan	15/04/2016		6.72	1	1	1	1	1	1	1	7	Company Treasurer / Member of Finance, Audit & Risk Committee
Waterford PPN - Disability	Elaine Dunne	28/04/2017	20/01/2023	5.73	1	n/a	n/a	n/a	n/a	n/a	n/a	1	
Waterford PPN - Community	Terry Hayes	25/09/2020		2.27	1	1	1	1	1	1	1	7	WSP Chairperson, Member of Finance, Audit & Risk Committee and Safeguarding Committee
Waterford Leader Partnership	Austin Flavin	07/04/2022		0.73	n/a	n/a	1	1	1	1	1	5	Chairperson of Finance, Audit & Risk Committee
Waterford City & County Council - CEO Nominee	Sinéad Breathnach	07/04/2022		0.73	n/a	n/a	x	1	1	x	1	3	Member of Finance, Audit & Risk Committee
					4	3	4	4	4	3	5		

APPENDIX 3 - Safeguarding Committee Attendance

ORGANISATION	NAME	DATE APPOINTED TO COMMITTEE	NUMBER OF YEARS ON COMMITTEE	09/12/2022	22/12/2022
Waterford PPN - Youth	Eoin Breathnach	01/12/2016	6.08	1	1
South East Technological University	Patricia Sheehan*	07/04/2022	0.73	1	x
Waterford PPN - Community	Terry Hayes	09/12/2022	0.06	1	1
Waterford Area Partnership	Stephen Whelan	25/09/2020	2.27	1	x
Waterford Sports Partnership Designated Liaison Person	Rosarie Kealy	01/12/2016	6.08	1	1

*Safeguarding Committee Chairperson

APPENDIX 4 - WSP Grant Schemes 2022

WSP CLUB DEVELOPMENT GRANT	
CLUB	AMOUNT
Affane Cappelquin GAA Club	€500
Ballyduff Upper GAA	€500
Ballyduff AFC	€500
Ballyduff Lower Camogie Club	€500
Ballyduff Upper Ladies Gaelic Football Club	€250
Ballyduff Upper Badminton Club	€250
Ballyduff Upper Camogie Club	€500
Ballymacarbry Ladies Football Club	€500
Ballysaggart GAA Club	€500
Benfica Womens Soccer Club	€500
Blackwater AC	€250
Blackwater Juvenile Badminton Club	€250
Bohemians FC	€500
Bonmahon GAA Club	€500
Brickey Rangers Camogie Club	€500
Butlerstown Camogie Club	€500
Butlerstown Juvenile GAA Club	€500
Cappelquin Camogie Club	€500
Cappelquin Railway FC	€500
Cappelquin Rowing Club	€500
Causeway Bowls Club	€500
Causeway Tennis & Bowls Club	€500
Celtic Squash Club	€500
Clonea Camogie Club	€385
De La Salle Football Club	€500
De La Salle GAA Club	€500
Dungarvan Cycling Club	€500
Dungarvan Golf Club	€500
Dungarvan Rugby Club	€500
Dungarvan Utd AFC	€500
Dunhill GAA Club	€500
Dunhill Squash Club	€500
Erins Own LGF	€500
Ferrybank AFC	€450
Gailltir Camogie Club	€500
Gaultier GAA	€500
Kilbarry Gymnastics Club	€500
Kilgobinet GAA Club	€500
Kill GAA Club	€500
Lismore Camogie Club	€500
Lismore Cricket Club	€500
Old Parish Ladies Football Club	€500
Park Rangers AFC	€500
Portlaw Camogie Club	€500
Rank 1 Kickboxing	€500
Saviour's Crystal Boxing Club	€500
St Olivers Gaa Club	€500
St. Saviour's FC	€500
St. Mary's Juvenile GAA Club	€500
St. Patrick's Juvenile GAA & Ladies Football Club	€500
St. Paul's Boxing Club	€500
St. Paul's Fishing Club	€500
Stradbally GAA Club	€500
Tramore Boxing Club	€500
Tramore Camogie Club	€500
TYCOR A.F.C	€500
Valley Bowmen	€500
Villa FC	€500
Waterford City Rugby Club	€500
Waterford Crystal FC	€205
Waterford Hockey Club	€500
Waterford Muay Thai	€500
Waterford Vikings Basketball Club	€250
Waterford Wildcats Basketball Club	€500
TOTAL	€30,290

OPERATION TRANSFORMATION WALKS GRANT SCHEME	
CLUB	AMOUNT
De la Salle GAA	€250
Ferrybank GAA	€250
Bunmahon GAA	€250
Dungarvan GAA	€250
An Rinne GAA	€250
Ballinameela GAA	€250
TOTAL	€1500

HER OUTDOORS GRANT SCHEME	
CLUB	AMOUNT
Dunmore East Swim Club	€250
Fenor Road Bowling	€250
TOTAL	€500

LET'S GET MOVING GRANT SCHEME	
CLUB	AMOUNT
Clashmore/Kinsalebeg Community Council	€250
Deise Women's Shed	€240
St. Pauls & District ARA	€250
TOTAL	€740

DEIS SCHOOL GRANT SCHEME	
SCHOOL	AMOUNT
De La Salle Stephen Street	€300
Dungarvan College	€300
Dungarvan School Completion Programme	€300
Meanscoil San Nicolas	€300
Mount Sion NS	€300
Mount Sion Secondary	€300
Our Lady Mercy Junior	€300
Our Lady Mercy Senior	€300
Presentation Girls Secondary	€300
Scoil Lorcain	€300
SCP Na Siuire	€300
St Pauls Community College	€300
St.Joseph's NS	€300
St.Mary's NS	€300
St.Paul's NS	€300
St.Saviours NS	€300
Waterford School Completion Programme	€300
TOTAL	€5,100

UBU FUNDED YOUTH PROJECTS GRANT SCHEME	
ORGANISATION	AMOUNT
Manor St. John Youth Services	€300
BALL Project	€300
Farran Park Community Youth Project	€300
Farronshoneen Youth Centre Project	€300
Traveller Youth Support Project Waterford	€300
Ballybeg Community Youth Project	€300
TOTAL	€1,800

YOUTH MIGRANT CLUB MEMBERSHIP FUND	
CLUB	AMOUNT
Waterford Athletic Club	€300
St. Paul's Boxing Club	€300
TOTAL	€600

APPENDIX 5 - WSP Training and Education Courses 2021 & 2022

TARGET GROUP	COURSE/TRAINING NAME	2022 No. of Attendees	2022 No. of Courses	2021 No. of Attendees	2021 No. of Courses
Sports Clubs	Safe Guarding 1	220	20	211	17
	Safe Guarding 2	32	3	36	4
	Safe Guarding 3	10	1	12	1
Disability	Sports Inclusion Disability Awareness	-	-	79	5
	Learn to Cycle for People with a Disability	14	1	15	1
	Autism in Sport Training	38	2		
	Get Autism Active (online)	-	-	88	4
Pre-Schools/ Schools	Junior Sport Leader/Youth Leadership	26	2	-	-
	Ready to Go Orienteering Teacher Training	12	1	-	-
	Startbox Teacher Training	7	1	-	-
Club/ Community Training	First Aid	69	6	11	1
	Mountain Skills Training	-	-	10	1
	Activator Pole Training	-	-	9	1
	Kayak Training Villierstown (2022 Level 2)	8	1	4	1
	Ride Leader Training	12	1	15	1
	Munster Rugby Workshops for adults who coach youth teams	-	-	23	1
	Maximizing Youth Soccer Sessions for adults who coach youth teams	-	-	28	1
	Ready to Restart Boxing Webinar for adults who coach young people	-	-	34	1
	FAI Youth PDP1 Coaching Course	-	-	13	1
	Trishaw Pilot Training	13	2	0	0
	Athletics Ireland Leader Level 1 Course	4	1	2	1
	Club Development Series - Sports Capital Grants Information	-	-	83	1
	Club Development Series - Grants Funding available locally & nationally for Waterford Clubs	-	-	63	1
	Club Development Series - How to recruit Volunteers	-	-	20	1
	Club Development Series - Effective Fundraising & Sponsorship	-	-	14	1
	Club Development Series - Effective Communicating	-	-	21	1
	Understanding the Female Athlete	30	2	-	-
	Menopause Workshop	24	1	-	-
	Benefits of Exercise in Menopause	81	1	-	-
	Bike Maintenance for Primary School children	81	4	-	-
	Bike Maintenance for Adults	70	1	-	-
	Corner Care for Boxing Coaches	13	1	-	-
	iCoach Kids Conference	88	1	-	-
	Learn to Cycle in Traffic	7	1	-	-
	TOTAL	859	59	791	47

ABBREVIATIONS

AC	Active Cities	IPA	Institute of Public Administration
CEO	Chief Executive Officer	LSP	Local Sports Partnership
CLG	Company Limited by Guarantee	NGB	National Governing Body
CLV	Cappoquin, Lismore, Villierstown.	OT	Operation Transformation
COVID	Coronavirus Disease	PACC	Physical Activity for People with Chronic Conditions
CRM	Customer Relationship Management	PPN	Public Participation Network
CSDO	Community Sports Development Officer	SETU	South East Technological University
DCYA	Department of Children and Youth Affairs	SDO	Sports Development Officer
DCEDIY	Department of Children, Equality, Disability, Integration and Youth	SIDO	Sports Inclusion Disability Officer
DTCAGSM	Department of Tourism, Culture, Arts, Gaeltacht, Sports and Media	SI	Sport Ireland
DA	Dormant Accounts	SIAC	Sport Ireland Active City
FARC	Finance, Audit & Risk Committee	WAP	Waterford Area Partnership
GDPR	General Data Protection Regulation	WCCC	Waterford City & County Council
HI	Healthy Ireland	WLP	Waterford Leader Partnership
HW	Healthy Waterford	WSP	Waterford Sports Partnership
HSE	Health Service Executive	WWETB	Waterford, Wexford Education & Training Board
HR	Human Resources	YSDO	Youth Sports Development Officer





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SPORT IRELAND
LOCAL SPORTS PARTNERSHIPS