

Walk Waterford is back again for Autumn 2016!

Walk Waterford is back, with five walks for Autumn 2016, the walks are suitable for families and leisure walkers, all you need is suitable walking shoes (runners are ideal) and a rain jacket just in case.

Children under 16 must be accompanied by an adult .

So come along bring your family and friends, County Waterford is yours to discover or rediscover!

To find out more please contact, Pauline Cunningham, Sports Development Officer, on 0761 10 2682 /086 7837385

Date	Walk	Time/Place	Trail Details	Top 3 Highlights	Getting There
Sunday 18th September	Dungarvan Railway Track	Time: 2pm Meeting at Free Public Car Park off the Park Hotel roundabout.	Distance: 5km Duration: 45 mins This is one of Dungarvan's gems – a green route that follows the old Railway line.	- New improved green route suitable for cyclists and walkers alike - This route is mostly off road - Fantastic views across Dungarvan Bay	Once you reach Dungarvan the Waterford City and County Council (free) car park is just off the Park Hotel roundabout opposite Country Life.
Sunday 25th September	Colligan Wood	Time: 2pm Meeting at Colligan Wood Car Park	Distance: 3.5km looped route (optional 6km) Duration: 1 hour 15 mins There is something here for everyone, a short walk along the river, a 3.5km looped route and for those wanting an even bigger challenge there is a 6km looped trail.	- Coillte forest - Picnic tables by the restful Colligan River - This is a little piece of paradise	From Dungarvan take the N72 to Lismore. At the Master McGrath monument take a right onto the R672. Travel a further 4km to the next junction and exit right to Kilbrien road. Travel 2km on this road to the car park on the left.
Sunday 2nd October	Doneraile Tramore	Time: 2pm Meeting at the church car park opposite Supervalu	Distance: 4.9km Duration: 1hr 30 min. This is one of Waterford's Slí na Sláinte routes which offers majestic views over Tramore Bay and surrounds as well as interesting heritage sites on route.	- Historical features which reflect the maritime heritage of Tramore - Tranquil woodland section - Views of Tramore Bay	The car park is located on Priest's Road opposite the entrance to Supervalu.
Sunday 9th October	Anne Valley Dunhill	Time: 2pm Meeting at Anne Valley car park nearest the log cabin/fishing hut.	Distance: 4.4km Duration: 1 hour The new Anne Valley Walk follows the river which flows through the Anne Valley and meanders past many beautiful ponds to reach Dunhill Castle. The newly developed path allows comfortable wheelchair and buggy access with no steep slopes.	- The walk winds through forest and marshland next to the river Anne - You may see some of the many protected wildlife species such as the Heron, Kingfisher, Otter and an amazing range of other fauna & flora. - Views of Dunhill Castle	From Waterford follow N25 to Cork, follow this road past Whitfield Clinic until you see signs at a crossroads for Tramore. Take left turn on this crossroads and continue for 2.8 miles where you will meet a small crossroads signposted Dunhill. Take right hand turn at this crossroads and continue for 3.5 miles to the first car park on the left.
Sunday 16th October World Mental Heath Week	Durrow Greenway	Time: 2pm Meeting at Durrow Greenway Car park	Distance: 5km Duration: 1 hour The Durrow Greenway is a part of the newly developed Waterford Greenway Project along the old Waterford to Dungarvan Railway Track. The newly developed walk is fully accessible tarmac surface making it perfect for walking running and cycling.	-The route goes through the Ballyvoile Tunnel and across the 7 Arch Viaduct -Beautiful views along Clonea Strand - On a clear day views along the west Waterford coastline as far as Helvic Head	<u>From Dungarvan:</u> take the coast road towards Tramore, past Clonea, Ballyvoile, Stradbally turnoff's, keep going straight on, until you reach the car park on left opposite O'Mahony's Pub on right <u>From Waterford City:</u> Take N25 towards Dungarvan, turn off at Kilmachthomas/Bunmahon, head for Stradbally, car park on your right opposite O'Mahony's pub on your left.