

Walk Waterford is back again for 2016!

Walk Waterford is back, with five walks which will give people a chance to get out and get active whilst enjoying the beautiful Waterford countryside. The series of walks are suitable for families and leisure walkers, all you need is suitable walking shoes (runners are ideal) and a rain jacket just in case. Children under 16 must be accompanied by an adult .

So come along bring your family and friends, County Waterford is yours to discover or rediscover!

To find out more please contact, Pauline Cunningham, Sports Development Officer, on 0761 10 2682 /086 7837385

Date	Walk	Meeting Place	Trail Details	Top 3 Highlights	Getting There
Sunday 17th January	Mahon Falls	Time: 2pm Mahon Falls Car Park	Distance: 2.4km Duration: 40 minutes there and back. This is an easy walk which is mostly flat with one steep section near the falls.	<ul style="list-style-type: none"> - The magnificent Mahon Falls - One of the most accessible routes in the Comeragh Mountains. - Amazing view over Dungarvan Bay and Beyond 	The falls may be reached by turning west off the R676 (Dungarvan/Carrick-on-Suir road) at Mahon Bridge. Take a right turn immediately by a shop following the signs for 'Comeragh Drive'. Continue on for about 1 ½ km turn right and travel inwards having the Mahon river on your right. There is parking on your left close by the pathway to the falls.
Sunday 24th January	The Towers (Ballysaggart)	Time: 2pm The car park at the towers	Distance: 2km looped route (optional 4km) Duration: 30 mins This is an interesting easy looped trail that will excite young and old. The loop follows a steady climb up to the gates and returns down a steep decline back to the car park.	<ul style="list-style-type: none"> - The impressive gothic gates built by Arthur Kiely Usher. - What a walk through a diverse range of tree species. - Picnic tables half way round, perfect for a break. 	Take the R666 Lismore/Ballyduff/Fermoy road sign posted off the bridge at Lismore Castle. Continue for 3.5km to the Towers car park
Sunday 31st January	Kilbarry Nature Park	Time: 2pm Kingfisher Club Car Park, Tramore Road	Distance: 1.8km + optional additional 1.8km Duration: 1 hour There is a choice of walks and interesting features in this fantastic nature park. Come along and see what it has to offer.	<ul style="list-style-type: none"> - 50 acres of public park and nature reserve - Plenty of spots for picnics if you fancy a snack afterwards - A jewel in the middle of the city 	The entrance to the Waterford Nature Park is through the entrance to the Kingfisher Club which is on the old Tramore Road (R675), on the right after Supervalu
Sunday 7th February	Glenshelane (Cappoquin)	Time: 2pm Car park at the woods.	Distance: 2km (optional 3.5km route) Duration: 45 mins (1 hour 15 mins) There is a something here for everyone, giving walkers a great variety of choice from short strolls to long distance walks.	<ul style="list-style-type: none"> - Long wooded glen that runs either side of the Glenshelane River - Tranquil woodland section 	From Cappoquin travel the Clogheen/Mellary Road R669 for a distance of 1km until you come to a grotto, veer right and the car park entrance is a short distance after crossing Bealick Bridge.
Sunday 14th February	The Dunes (Tramore)	Time: 2pm At the car park opposite the Majestic Hotel	Distance: 5km Duration: 1 hour There and back. This is an easy walk which starts by the Majestic Hotel takes in Tramore's lake, the prom and the start of the Dunes. It includes some gravel, shingle and sand paths.	<ul style="list-style-type: none"> - Views of some of the highest sand dunes in Ireland. - Rare seaside flora and fauna - Views over Tramore bay and town 	The car park opposite the Majestic Hotel is on the main road into Tramore.