

# Walk Waterford - Spring Series 2014

Are you a walker, a social stroller, a family, a local looking for something to do? Why not come along to the Walk Waterford Spring Series. There are five walks which are suitable for families and leisure walkers, all you need is suitable walking shoes (runners are ideal) and a rain jacket just in case. So come along, bring your family, bring your friends. County Waterford is yours to discover or rediscover!

To find out more contact Pauline Cunningham, Sports Development Officer, Waterford Sports Partnership on (051) 849855

DATE	NAME OF WALK	MEETING TIME & PLACE	TRAIL DETAILS	TOP 3 HIGHLIGHTS	GETTING THERE
Sunday 9 <sup>th</sup> February	Kilbarry Nature Park Waterford	<b>Time: 10am</b> In the Kilbarry Park car park (via Kingfisher entrance)	<b>Distance: 1.8km + optional additional 1.8km</b> <b>Duration: 1 hour</b> There is a choice of walks and interesting features in the nature park. Come along and see what it has to offer.	<ul style="list-style-type: none"> <li>- 50 acres of public park and nature reserve</li> <li>- Plenty of spots for picnics if you fancy a snack afterwards</li> <li>- A jewel in the middle of the city</li> </ul>	The entrance to the Waterford Nature Park is through the entrance to the Kingfisher Club which is on the old Tramore Road (R675), on the right after Superquinn.
Sunday 16 <sup>th</sup> February	Cliff Walk, Ardmore	<b>Time: 10am</b> Meet at the Cliff House Hotel Car Park. Please park in Ardmore Village	<b>Distance: 5km</b> <b>Duration: 1 hour 30 minutes</b> This is an easy looped walk along the cliff tops with spectacular views. It includes steps and cliff top paths.	<ul style="list-style-type: none"> <li>- Wonderful archaeology such as early Christian St. Declan's Well &amp; the Round Towers.</li> <li>- Walk is home to a host of coastal birds</li> <li>- Other birds such as Rock Pipits, Pheasants and Kestrels can also be seen.</li> </ul>	From Dungarvan follow the N25 in the direction of Cork. After approx 18km make a sharp left onto the R673 (signs for Ardmore).
Sunday 23 <sup>rd</sup> February	Anne Valley Walk, Dunhill	<b>Time: 10am</b> In the Anne Valley Carpark nearest Harney's Bar.	<b>Distance: 4km</b> <b>Duration: 1 hour</b> The new Anne Valley Walk follows the Anne River which flows through the Anne Valley and meanders past many beautiful ponds to reach Dunhill Castle. The newly developed path allows comfortable wheelchair and buggy access with no steep slopes.	<ul style="list-style-type: none"> <li>- The walk winds through forest and marshland next to the river Anne</li> <li>- You may see some of the many protected wildlife species such as the Heron, Kingfisher, Otter and an amazing range of other fauna and flora.</li> <li>- Views of Dunhill Castle</li> </ul>	From Waterford follow N25 to Cork and follow this road past Whitfield Clinic until you see signs at a crossroads for Tramore. Take the left turn on this crossroads and continue for 2.8 miles where you will meet a small crossroads signposted Dunhill. Take the right hand turn at this crossroads and continue for 3.5 miles to the second car park on the left.
Sunday 2 <sup>nd</sup> March	Colligan Wood, Dungarvan	<b>Time: 10am</b> Colligan Wood Carpark	<b>Distance: 3km looped route (optional 6km)</b> <b>Duration: 1 hour 15 minutes</b> There is something here for everyone, a short flat walk along the river, a 3.5km looped route and for those wanting an even bigger challenge there is a 6km looped trail.	<ul style="list-style-type: none"> <li>- The tranquil Coillte forest</li> <li>- Picnic tables by the restful Colligan River</li> <li>- This is a little piece of paradise</li> </ul>	From Dungarvan take the N72 to Lismore. At the Master McGrath monument take a right onto the R672. Travel a further 4km to the next junction and exit right to Kilbrien road. Travel 2km on this road to the car park on the left.
Sunday 9 <sup>th</sup> March	Dunmore East Coastal Walk	<b>Time: 10am</b> At the public Carpark above the harbour.	<b>Distance: 4km</b> <b>Duration: 1 hour</b> The linear coastal path connects Dunmore East to the picturesque Portally Cove. It includes cliff tops, steps and gravel type footpath.	<ul style="list-style-type: none"> <li>- Kittiwake colony on route</li> <li>- Fabulous sea views across Hook Head</li> <li>- Possibility of seeing seals on the way</li> </ul>	Drive through Dunmore East Village take a left down towards the harbour then the next right up to the car park.