

Waterford Sports Partnership

The 2016/17 Club Development Seminar Series

Sharing knowledge between sports and promoting positive change

The 2016/17 Club Development Seminar Series marks a commitment from National Governing Bodies and

Waterford Sports Partnership to share expertise in common areas of interest, education and training across all sports.

sport ireland

SEMINAR	Date & Time	Facilitator (s)	Who should Attend?	Venue	Cost
Minding your Mental Health – Club Support	Monday 10 th October 6.30 to 9pm	Tracy Nugent: HSE Resource Officer for Suicide Prevention Dan Shanahan: Waterford Senior Hurlers Aoife Lane: Head of the Department of Health, Sport and Exercise Science, WIT.	Parents Coaches Players Committee	WIT Sports Arena, Carriganore, Waterford.	FREE
Simple Video Analysis for Sports Coaches	Monday 14 th November 6.30 to 8.30pm	Michael Hanlon: Lecturer and Researcher in Human Movement Sciences, WIT.	Coaches	Room G19, WIT, Cork Road, Waterford.	€5
Concussion Awareness	Monday 23 rd January 6.30 to 9.30pm	Shane Mooney: IRFU First Aid & Injury Prevention Co-ordinator.	Parents Coaches Players Referees	WIT Sports Arena, Carriganore, Waterford.	FREE
Pre-match and half time player motivation	Monday 13 th February 6.30 to 8pm	Jason Ryan: Deputy Head Teacher/PE Teacher, Coláiste Chathail Naofa.	Coaches Players	The Park Hotel, Dungarvan, Co. Waterford	€5
Disability Awareness in Sport Training	Monday 13 th March 6.30 to 8.30pm	Pauline Cunningham: Sports Development Officer, Waterford Sports Partnership. Kathleen Egan: Munster Regional Development Co-ordinator Camogie Association	Parents Coaches Players	County TBC	FREE
Prepare your club coaches of the future A coach education session for 14-17 year olds	Monday 10 th April 6.30 to 9.30pm	Pauline Cunningham: Sports Development Officer, Waterford Sports Partnership. Peter Jones: Sports Development Officer, Waterford Sports Partnership.	Young people aged 14 to 17 + 1 club adult coach per club	WIT Sports Arena, Carriganore, Waterford.	FREE
Nutrition for Athletes and Club Players	Monday 8 th May 6.30 to 9.30pm	Stephen Barrett: Assistant Lecturer Sports Science, WIT.	Parents Coaches Players Referees	The Park Hotel, Dungarvan, Co. Waterford	€5
Periodisation Training for Sports Coaches	Monday 12 th June 6.30 to 9pm	Richard Bolger: Lecturer, Health Sport and Exercise Science, WIT. Brid Golden: IAAF Level 4 Coach	Coaches Players	WIT Sports Arena, Carriganore, Waterford.	€5

Register Now! by emailing pjones@waterfordsportspartnership.ie

or call Peter Jones, Sports Development Officer on 0761 10 2191



Coláiste
Chathail Naofa



Waterford Institute of Technology
INSTITIÚID TEICNEOLAÍOCHTA PHORT LAIRGE



Féidhmeannacht na Seirbhíse Sláinte
Health Service Executive