



## Course Information

### RESCUE EMERGENCY CARE FIRST AID COURSE - REC 2

**Saturday 24<sup>th</sup> & Sunday 25<sup>th</sup> April 2010**  
**9.30 to 5pm**  
**De La Salle GAA Club, Waterford**

- Fee:** €75 pp
- Facilitator:** Mr. James Barry, Rescue Emergency Care Tutor
- Course Content:** Rescue and Emergency Care is a nationally recognised First Aid Training scheme. This is a **2-day** REC2 First Aid course designed to introduce a systematic way of first aid for managing casualties/injuries covering: - Introduction/Vital Signs, Accident Procedures, Injury Management; Common Medical Emergencies, casualty handling, multiple casualties & prioritisation (Triage), drowning, resuscitation & CPR and First Aid Kits. This course combines REC1 and REC2.
- N.B.:** Tea & Coffee will be provided on both days, attendees will be required to bring a packed lunch.
- Age Limit:** Applicants must be 16 years and over.
- Closing Date:** **FIRST COME FIRST SERVED with completed application form and fee paid due to limited number of places available.**