

STANDARD APPROACH TO FIELD EMERGENCIES in Rugby



The SAFE Rugby Programme is a range of rugby specific emergency pitchside first aid courses aimed at medical and non medical personnel involved with club and school teams at any age level.

The level one course is designed for coaches, officials, referees, players, parents and guardians.

The level two course is designed for medical practitioners and allied health care professionals.

Topics include:

- Irish Heart Foundation BLS/AED training
- Dealing with the unconscious player
- Head and neck injuries
- Concussion
- Fractures and joint injuries
- Common medical emergencies
- Match day preparedness

The course is practical in nature and most of the course will be spent practicing new skills and dealing with realistic field emergency scenarios.

The SAFE-Rugby Level one course is organised at various venues around each province on an ongoing basis. The course can be midweek or at weekends and it may be possible to run a course at your club/school.

FOR FURTHER INFORMATION PLEASE CONTACT SHANE MOONEY
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For more information on SAFE-Rugby see our medical website www.irishrugby.ie/medical
or check out the booking website for details of upcoming courses shop.irishrugby.ie